

May & June 2023



# CURRENTS

A Publication for Members & Friends of Cullasaja Club

A photograph of a golf course clubhouse and green at sunset. The clubhouse is a large, multi-story building with a stone and wood exterior, nestled among trees on a hill. The foreground shows a green golf course with sand traps. The sky is filled with soft, colorful clouds in shades of orange, pink, and blue, with a bright yellow sun low on the horizon.

WELCOME  
HOME

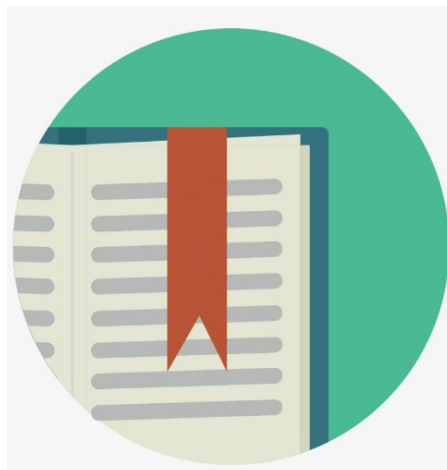


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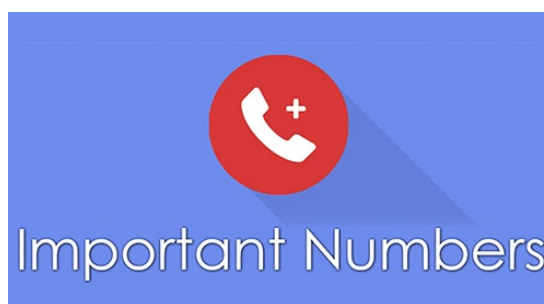
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## Table of Contents

GM/COO Comments	pg. 2
Membership Update	pg. 3
F&B Update	pg. 4
From the Kitchen	pg. 10
Golf Update	pg. 13
From the Green	pg. 23
Croquet News	pg. 26
Tennis News	pg. 33
Wellness, Mind, Body	pg. 37
May and June Calendar	pg. 43



### Cullasaja Club Main

(828) 526 – 3531

### Clubhouse Dining Reservations

Cullasaja Member App or  
(828) 482-4373

### Club To Go Orders

Cullasaja Member App or  
(828) 526 – 3531

### Golf Tee Times

Call or Text Starter @  
(828) 526 – 6446  
Or use Member App

### Tennis / Croquet Shop

828-526-9185  
Or use Member App to Reserve  
Lawn/Court

### The Fairway Café

Member App or (828) 482 – 4421 to  
Place an Order

### Community Guard Gate

(828) 526 – 3954



**Chris Conner, CCM**  
GM & COO

I want to officially welcome you back to Cullasaja Club and the beautiful NC Mountains. We are excited to bring you this edition of the Currents Newsletter which covers the months of May and June. As you will notice, there is an abundance of exciting activities and events for you to enjoy this season. Please note, the annual Welcome Home party has moved from Memorial Day Weekend until June 9<sup>th</sup> to ensure those who arrive later in the season, or with other plans during Memorial Day Weekend can attend.

As President, Jack Hill, mentioned in his recent letter, this season we will be creating focus groups to engage with the Facilities and Property Committee and possibly members of the Board to discuss the next round of planned improvements to the Wellness Center and new 1785 property. Some elements that were being considered in the Wellness Center may be better suited if housed at the 1785 property. This could open up additional uses at the Wellness Center and also at 1785. More info on this summer's focus groups will come out soon.

By the time you read this newsletter, several of the off-season projects should be nearing completion. This winter's weather has not been great, and the outdoor projects are behind schedule due to constant rain. However, allowing the crews to work in April on the new croquet pavilion and the improvements to the golf course will help get both completed by May 1<sup>st</sup>. There were several other projects that are ready for your enjoyment. These include the Activity Center which received a fresh coat of paint downstairs, a new Lutron lighting system upstairs, new perpetual croquet and tennis boards in the upstairs hallway, and new black gym matting installed on the lower level. At the Poolside Café, we added a new pizza oven and will offer custom pizzas and fresh new menu items for you to enjoy along with new pool umbrellas and replacement pool furniture. At "1785", the new house at the end of the driving range, we are installing new porch furniture and upfitting restrooms so you will be able to enjoy this new amenity in some capacity this season, and we did a complete lift on the upper tennis courts which will offer an incredible surface for play this season.

We have so many new and exciting things for you to enjoy this season, and I know I speak for the entire Cullasaja team when I say we are so grateful for your return and look forward to creating amazing memories with you and your friends and family this year! Please feel free to contact me if I can assist you in any way as you return to Cullasaja. I can be reached at 828-482-0361 or [cconner@cullasaja-club.com](mailto:cconner@cullasaja-club.com)

Best Regards,

Chris Conner, General Manager /COO



Please join me in welcoming the newest Members to  
Cullasaja Club

*\*Please check the Cullasaja App for this information and associated photos:*

Chuck & Kyle Ball – Atlanta, GA  
Casey & Helen Barber – Atlanta, GA  
Ward & Mary Anne Boston – St. Petersburg, FL  
Sean & Michelle Buckman – Fort Lauderdale, FL  
Joseph & Leslie Dzialo – Longboat Key, FL  
Chuck & Sherri Ford – Boerne, TX  
Gary Frazier & Carla Friedman – Vero Beach, FL  
Keith & Maureen Gamble – Destin, FL  
Jan Graham – Highlands, NC  
Tom & Carol Joseph – Naples, FL  
Greg & June Kohls – Miramar Beach, FL  
Marty & Linda Lorick – Ocala, FL  
Buddy & Lissy Morgan – Charleston, SC  
Dr. Rhett & Libby Myers – Greenville, SC  
Barbara Postles – Highlands, NC  
Bill & Kathryn Rogers – Marco Island, FL  
Sam & Cindy Scalise – Naples, FL  
Donald & Renee Scott – Palm Beach, FL  
Kitsy Williams – Atlantic Beach, FL



Amy Fine  
Membership Director

WELCOME  
to the club





**Steve Sheridan**  
Food & Beverage Director

It seems like only yesterday that I joined the Cullasaja family, but as I look back on the past 6 years, I am filled with experiences and memories that I will carry with me for the rest of my life. I have enjoyed the opportunity to serve you and your families each season and now can say I have watched many of your grandchildren grow into teens or young adulthood. I am honored to have helped create and/or hosted some of the most remarkable Member events at the Club. Tradition holds true as we embark on the sacred and meaningful reconnections and gatherings at the Club, and I am excited for your return and showcasing some of the improvements made for your enjoyment. I reflect on the fond memories and am recharged and enthusiastic as to what the future holds for Cullasaja Club and each of you.

We have many new things to be excited about this season. First, we are very happy to have Jadyn du Randt and David Matthey returning this season and we know you will look forward to seeing their smiling faces in the dining and bar. We also have several kitchen employees returning for another season. Second, the Pool Café kitchen has been updated and we added a new pizza oven and are currently coming up with pizza recipes and concepts to serve poolside this year. Third, in addition to the Welcome Home Party on Friday, June 9<sup>th</sup>, the House and Social Committee has helped create two wonderful themes for the popular Summer Series. On August 5<sup>th</sup>, escape the mountains momentarily and head to the beach with the **Margaritaville** Summer Series with an island inspired menu and music. Then, on Friday, September 15<sup>th</sup>, we hope you will join us for our first **Honky Tonk** with Southside Station performing country western music and a great Americana menu from Chef Scott. We also have planned 3 amazing wine dinners ranging from Howell Mountain on May 18<sup>th</sup>, A Night in Burgundy on September 7<sup>th</sup>, and Premier California Collection on October 19<sup>th</sup>. As a reminder, you can sign up for the wine dinner within 30 days of the event and these always fill quickly. Speaking of wine, we are coming back this year with even more Friday Wine tasting events that will open your experience to new and old favorites. Keep an eye out on the Member app for these pop-up tastings throughout the season.

We will also start showcasing the new 1785 home venue (house Members purchased at the far end of the driving range) with at least 3 scheduled events in this newest addition to the Club. These include an ‘open house’ wine and cheese party to showcase the new home to Members on May 26<sup>th</sup>, an outdoor dining experience featuring gourmet burgers with craft beers and spirits June 22<sup>nd</sup>, and a Prix Fixe Dinner on August 24<sup>th</sup>. On both June 22<sup>nd</sup> and August 24<sup>th</sup>, the Clubhouse is closed for dinner as we host the Men’s Invitational Kick Off Dinner and the Mixed Member-Guest Dinner. It will be great to offer a dinner option to up to 50 members at the new “1785” house on these and certain other occasions when the Clubhouse is closed.

We have an exciting new lineup of wines offered by the glass sure to please any palate and added a Malbec by the glass this season based on Member requests. Our wine program continues to grow year over year, and I want to thank you for your support of this great amenity of the Club. Wine lockers are still available for anyone wishing to purchase and store wines at the Club. I would enjoy the chance to discuss the program with anyone who is interested and also showcase the wine locker program and how it can benefit you while dining.

Recruitment this off-season has been fruitful, and we look forward to welcoming new seasonal employees from South Africa, Jamaica, United Kingdom, China, and Iran. Jessica Spaulding will be returning for her second year as Assistant F&B Director. Please help me greet our new team when you see them. The membership serves as an important recruitment tool that allows me to shine a glowing light on the Club when interviewing. It is not until they land here that they will truly feel this powerful essence of genuine and true hospitality from members and staff alike. Thank you for everything that you do to make the Cullasaja Club a remarkable place to host such wonderful staff.

We are truly excited for the upcoming season and cannot wait for our members to return. We have updated our dining areas with a few small features that will help expedite services and build upon the overall Member experience and we look forward to seeing you enjoy all these changes. Soon, the Clubhouse will be buzzing with activity, and we can greet all of our friends with a hearty return and WELCOME HOME to the mountains.

We are eagerly waiting for your arrival back home and look forward to another remarkable season!

Cheers,

*Steve Sheridan*

Steve Sheridan, Food & Beverage Director



## KENTUCKY DERBY PARTY

**Saturday, May 6th beginning at 5:00 p.m.**

\$50 per person for Derby Drinks & Food Stations

Join us for the first social event of the season, the annual Derby Party! We will have delicious food stations set up on the Overlook and Market for you to enjoy. Bring some cash and place wagers on your favorite horse. You

can also participate in the Derby Hat or Bow Tie Contest to see if you can win prizes. Please RSVP if you can attend by using the Cullasaja Member App starting on April 6th!



## MOTHER'S DAY BRUNCH

**Sunday, May 14<sup>th</sup> from 10:30 a.m. to 2:30 p.m.**

\$34 per adult and \$16 per child ages 5 to 12

Show true appreciation for mom/grandmom by letting us wow her with a creatively delicious special Mother's Day Buffet. Chef Scott and his culinary team will showcase many great offerings that are sure to impress. We will also have specialty drinks for all mothers and offer entertainment by Carolina Music Planner, who are simply fantastic.



## VOCAL CONCERT COMPLIMENTS OF BREVARD MUSIC CENTER

**Tuesday, May 23<sup>rd</sup> Beginning at 4:30 p.m. at the Clubhouse**

We are excited to host the Brevard Music Center for a chance to listen and mingle with the "best of the best" in young vocal performers. The event will begin with performances and finish with a chance for Q&A. Feel free to stop by the bar afterwards and sip a glass of wine while entering your chance to win free tickets to the Brevard Music Center Opera this Summer.





## HOWELL MOUNTAIN WINE DINNER

**Thursday, May 18<sup>th</sup> : Cocktails at 5:30 and Dinner at 6:00 p.m.**

Howell Mountain is renowned for producing some of the world's finest wines, and Bravante Vineyards is no exception. Join us for a luxurious evening of delicious food, excellent wine, and great company. The dinner will be held in the Clubhouse and feature a specially curated menu designed to complement the unique flavors and characteristics of Bravante Wines.



## OPEN HOUSE “WINE AND CHEESE” PARTY AT 1785

**Friday, May 26<sup>th</sup> | Drop in Between 4:00 and 6:00 p.m.**

We are excited to introduce our newest club amenity, the 1785 House. This beautiful facility will be utilized as a secondary location for gatherings during peak club usage. We would like to invite you to join us for an evening of complimentary wine and cheese. This will be an excellent opportunity for you to explore the facility, mingle with fellow members, and enjoy the beautiful surroundings. We hope to see you there.



## MEMORIAL DAY COOKOUT

**Sunday, May 28<sup>th</sup> (Reservation times 5:00 p.m. - 8:00 p.m.)**

**\$34 per adult and \$16 per child aged 5 to 12, 4 & under are gratis**

Join us for the Annual Memorial Day Cookout and enjoy Chef Scott and his culinary team's remarkable offerings. The menu for this event will be posted online in late April and we will offer reservations from 5:00 p.m. until 8:00 p.m. with 75-minute seating intervals so that every member has a chance to dine. Dress for this event is casual and we have live band Blaze the City performing for your enjoyment.



**Make your dining reservations starting on April 28th via the Cullasaja Member App or calling 526-3531!**

## WELCOME HOME PARTY

Friday, June 9<sup>th</sup> beginning at 6:00 p.m.

\$62 per person with Open Seating throughout the Clubhouse

Live Entertainment by Cullasaja Favorite: SoulJam!



Reunite with old friends, meet new friends, enjoy the fire, and have a great time. Enjoy creative cocktails and a variety of delicious food stations. Dress attire for this event is Country Club Casual. Please RSVP using the Cullasaja Member App beginning May 9th, 2023. Reservations are required for this event and will be confirmed via email or phone call prior to the event date.

## TWILIGHT GOLF SPECIALTY DINNERS

Wednesday, June 7<sup>th</sup> Italian Action Stations (VERY POPULAR)

Wednesday, Jun 14<sup>th</sup> Southwest Themed Buffet (Tacos, Street Corn, Nacho Bar, Tres Leche)

## FATHER'S DAY BRUNCH

Sunday, June 18<sup>th</sup> from 10:30 a.m. until 2:00 p.m.

\$34 per person with Specialty Drinks for Dad

You are cordially invited to join us at the Cullasaja Club for our Father's Day Brunch on Sunday, June 18th beginning at 10:30 a.m. Come and celebrate the special fathers in your life with a delicious and creative buffet and complimentary specialty drinks for Dad. Plus, enjoy the live entertainment of Paul Garner while you dine. Make your dining reservation using the Cullasaja Member App starting on May 18th. We look forward to seeing you on Father's Day!



## 1785 PORCHFEST "BURGERS AND BREWS"

Thursday, June 22<sup>nd</sup> from 6:00 p.m. to 8:00 p.m.

\$35 per person / Reservations Required

We welcome everyone to come and enjoy the sunset at the new 1785 House. We will be gathering for good food and good fun. Chef Mario will be featuring a wide variety of gourmet sliders, a delectable salad bar, and extravagant side dishes. Local beers and craft cocktails will be highlighted during the evening as we enjoy the local flora.



## MONTHLY PRE-ORDER FARMERS' MARKET

Sunday, June 25<sup>th</sup> Pickup at 3:00 p.m.

We invite you to join us at the Cullasaja Club Farmer's Market on Sunday, June 25<sup>th</sup>, where we will be showcasing several local area farms and purveyors. Pre-order and pickup locally sourced goods while supporting our local farmers and artisans. Each month there will be an offering of some of the member favorites including Joyce Farms Chicken, Buckhead Beef and other proteins, Hidden Vale's Microgreens, Chef Marie's soups, house-made pastries, and desserts, prepackaged to-go meals, and many other specialty items. We look forward to seeing you there and don't forget to pre-order and pick up on Sunday afternoon.



## FAMILY NIGHT BUFFET AND BINGO!

Friday, June 30<sup>th</sup>

Reservations from 5:00 p.m. - 7:00 p.m. | 75-Minute Seatings so that all members can dine  
\$32.00 adult | \$16.00 for kids

Join us for a night of fun and food. Chef Scott and his team will be prepared to handle the crowds with multiple Prime Rib carving stations and featured side dishes. The kids will have fun creating their own plates with the “mini me buffet” that will have their favorites for the evening. Bingo will be called in all rooms of the clubhouse. Everyone will be part of the action as we work our way through several Bingo games sure to get you out of your seat and yell “BINGO”. Bingo calling will begin promptly at 7:00 p.m. Please bring cash to purchase Bingo Cards. Each card costs \$5.



## FAMILY FUN DAY

Saturday, July 1<sup>st</sup>

Full day from 12:45 p.m. to 9:00 p.m. for \$180 per child

Half Day from either 12:45 to 5:00 p.m.; or 5:00 p.m. to 9:00 p.m. for \$100 per child

Although there is no camp this year, we hope you can enjoy our first ever Family Fun Day which will include Golf, Tennis, Fitness, Hiking, Swimming, Pizza Cooking Class, and a Movie with Popcorn to conclude the day. Sign up now via the App!!





**Scott Craig**  
Executive Chef

It's that time of year again! The sun is shining, the air is fresh, and the mountains are calling. As the summer season approaches, we're thrilled to welcome you back to your club, and to another unforgettable summer.

We've been working hard to ensure that your experience at the club this summer will be better than ever. We've spent the winter exploring new products, creating new recipes, and our staff is eager to provide you with the highest level of service and hospitality.

We've mined the member survey from last season for ideas on how to continually improve the member experience, and we hope that you enjoy our new offerings! This season we will be introducing fresh preparations and modern menu items, as well as reimagining some of our classic favorites with a twist.

This season we will have new ways for you to start the day, with a refreshed breakfast menu in our Market. Chia and fruit cups, coffee cake, lemon cake, breakfast burritos, and a variety of sandwiches are just a few of the exciting new offerings designed to create a delicious start to your morning.

One of the items that I'm very excited about is our house-made pizza! We start with an organic, non-GMO pizza crust with only five ingredients: Flour, salt, olive oil, yeast and water. We top it with our house-made pizza sauce made with the best tomatoes in the world, San Marzano tomatoes from Naples, Italy. We have an array of fresh, seasonal ingredients for you to choose from to make a crispy, delicious pizza that you'll want to come back for.

We've also spent time sampling beef options, to make sure that our members are enjoying the very best that we can find. We're excited to offer Certified Angus Beef, in a variety of cuts and gradings, throughout the season in the dining room. Our hamburger has also been revisited, and we are very excited to offer a finely ground chuck/short rib/brisket blend with an awesome "Cullasaja Burger Sauce" based on the recipe that helped propel Chef Sean Brock's hamburgers to the best in the nation. Finished with sweet heirloom tomatoes, butter leaf lettuce, and the



toppings of your choice, we hope that this is a burger that you'll remember into the winter months. For those that enjoy finishing their meals off with a sweet treat, there will be no shortage of options to choose from this season! Chef Lee is back this season and has been working on recipes that I know my dentist will not approve of.

In addition to new menu items, we are thrilled to announce the addition of a new staff member to our team! We realize that having a team of enthusiastic, motivated professionals is essential to our success, and we're confident that our newest hire will be a great addition. Our new staff member brings with them a wealth of knowledge and experience to our team. With a deep background in exclusive clubs and resorts, Nathan Williams is a talented individual who is well-versed in the field and our team is already benefiting from their presence. We are confident that Nathan will be a great asset to our team and help us reach our goals. Nathan is a graduate of the Greenbrier Resort apprenticeship program, has worked at the Everglades Club, and spent last season at Highlands Falls Club. We are very excited to have him join our team here at Cullasaja Club.

Our team and I look forward to a season packed with fresh menus, cooking classes, Chef's Tables, wine dinners, and much, much more. We'll see you all in the dining room soon!

## Chimichurri Recipe

Chimichurri is an uncooked sauce popular in Argentina, Uruguay, and parts of Latin America. Chimichurri has been an essential part of South American cuisine for centuries. In Argentina and Uruguay, it is traditionally served with asado, grilled meats, and grilled fish. It is also commonly used as a marinade for steak, chicken, and other meats.

The origin of the name is uncertain, but it is believed to be a corruption of the Basque phrase "tximitxurri", meaning "a mixture of several things in no particular order". It has been suggested that the name may have been derived from the English word "chimney," due to its similarity to the sauces found in English pubs.

The first recorded recipe for chimichurri appeared in the book "The Art of Argentine Cooking", published in 1945. Since then, the sauce has become an integral part of the





culinary culture of the region, with variations springing up in other Latin American countries. Today, chimichurri continues to be a popular condiment, served alongside grilled meats and seafood dishes in Argentina and Uruguay, as well as in many Latin American restaurants around the world.

**Ingredients:**

2 cloves garlic, minced  
2 tablespoons fresh oregano, finely chopped  
2 tablespoons fresh parsley, finely chopped  
1/4 cup white wine vinegar  
1/2 cup extra virgin olive oil  
1/4 teaspoon sea salt  
1/4 teaspoon freshly ground black pepper  
1 teaspoon red pepper flakes (optional)

**Directions:**

1. In a food processor or blender, combine the garlic, oregano, parsley, vinegar, olive oil, salt, pepper, and red pepper flakes (if using).
2. Pulse the ingredients together until a smooth paste forms.
3. Taste and adjust seasoning if necessary.
4. Transfer mixture to a bowl and let sit for at least 30 minutes before serving.
5. Serve with grilled meats, vegetables, or as a dip with crusty bread. Enjoy!







**Charles  
Beurmann**

Head Golf Professional

We are so excited for summer!! 2023 is going to be such an exciting season. Tom Nelson, with the help of golf course renovation expert Bill Bergin, have made amazing changes to our wonderful golf course. I am sure you will agree that the changes were exactly what we needed and I look forward to hearing your positive feedback on the enhancements.

On the staffing front, **Brandon Minnig** has been promoted to 1<sup>st</sup> Assistant Professional and is with us year-round now. **Nathan Duncan** will be joining our team this summer as a PGM intern professional. Nathan is a sophomore at Coastal Carolina University. Nathan worked last summer at Highlands Falls and is really excited about returning to the plateau to continue his PGM work experience. **Patrick Queen** has accepted a position as a seasonal assistant. Patrick brings years of experience to the team. Patrick was an assistant under John Young at Cullasaja during the 2012 and 2013 seasons. **Cameron Macke** will be our new point man at the Bag Drop this season, and **Mason Williamson** will return and transition into our PGM Intern role. Cameron is a recent graduate of Smokey Mountain High School and has a serious interest in hospitality. **Sonya Tretiakov** will be working part time in the golf shop this summer. Sonya is a rising junior at Rabun Gap School and a local resident of Highlands, NC. Sonya has plenty of retail experience as her family owns “The Toy Story” in downtown Cashiers. **Rocco Toogood** will be joining **Oliver Dyer** as one of our Outside Range/Bag Drop service attendants. Rocco is a rising junior at Rabun Gap and an accomplished lacrosse player. We are excited about our new team and are certain you will love them as well!

We also said goodbye to two longstanding assistants recently. **Connor Durham** has accepted the 1<sup>st</sup> Assistant Professional position at Lake Toxaway. This is a great career move for Connor, and we wish him well. **Will Ennis** has decided to explore his family business in insurance. The decision to move on from the golf business was hard for Will, but we know he will excel at whatever he does!

During phase one of the renovation process additional tee boxes were added. The additional tee boxes have given us a more consistent yardage gap between tees. Tee markers are now denoted by Roman Numerals instead of color. We use the method of “most commonly played tee marker” as a baseline for players when competing in weekly events and major tournaments. This method is a direct reflection of what tee each player plays based on scores posted to GHIN. Until a base line tee is established from the players posted scores, we will use the tee each player played last year as the baseline until a players score history represents the Roman Numeral system. The longest set of tees will be I and the shortest set will be VII. All tees were re-rated for both men and woman players.

We want you to play more golf in 2023. It is our job to create opportunities for you to meet and play with your fellow members. Participating in “weekly games” is the best way to meet members and forge new friendships. If you are interested in participating in one of our weekly games, please contact the Starter and sign up (See contact info on the right).

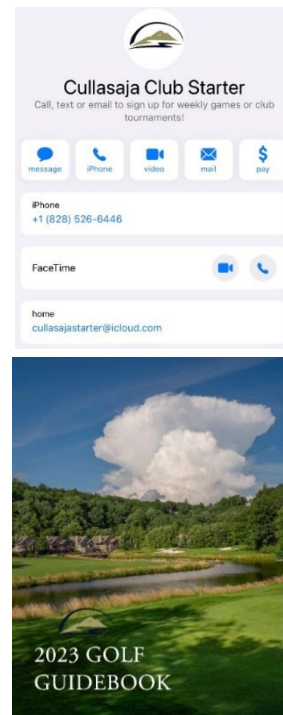
We hope you were able to spend quality time with family and friends during the winter season. The 2023 Golf Guidebook can be accessed via the Member App and will provide you with easy access to 2023 Tournament Info, Golf Customs & Cultures, and all the Event Flyers for 2023.

Thank you for all your support in making Cullasaja Club memorable and remarkable. Our success is truly defined by your enjoyment and participation. If you need anything in preparation for your arrival in May, please reach out!

See you on the course!

*Charles Beurmann*

Head Golf Professional



## CAP PATROL

As you are aware, Cullasaja Club has partnered with an app-based company called “Cap Patrol” which uses a computer program to review scores and event results of a club’s membership and flags those that are manipulating the system. Using past scores and event results, the system features odds and probability to determine if the player should be reviewed. Cap Patrol tracks and attests every round posted at Cullasaja Club automatically. This is a popular program for maintaining equitable handicaps and many of you already use Cap Patrol at your other clubs. **Should you have a question regarding Cap Patrol, please contact Charles in the Golf Shop.**



## TEE TIMES

General (Golf) Members will still have **14 days** to secure tee times (via the App) and **30 days** to register for Club Tournaments, except for our three Invitational Events, which require a completed tournament entry card. Family Vertical Guests are permitted to participate in many Club tournaments; however, they will not be allowed precedence over General Members. For questions regarding Family Vertical Guest privileges, please reference the Club Rules in the Member Directory, or speak with a member of the Golf Professional staff.

# 2023 Major Golf Events

MIXED MEMBER GUEST

June 22<sup>nd</sup> & 23<sup>rd</sup>

MEN'S INVITATIONAL

July 20<sup>th</sup> – 22<sup>nd</sup>

CLUB CHAMPIONSHIPS

August 11<sup>th</sup> & 12<sup>th</sup>

WGA MEMBER GUEST

August 24<sup>th</sup> & 25<sup>th</sup>

## KENTUCKY DERBY DAY “ABCD SCRAMBLE”

Saturday, May 6th at 10:00 a.m. (Shotgun Start)

Cost is \$65 per player (includes lunch, cart fees and prizes)

18 Hole “ABCD” Scramble. Each team will play a scramble comprised of an A, B, C, & D player. Each team must contribute two drives from each player. Teams are determined in a blind draw at 9:00am – ABCD drawing!! Handicaps will be allotted as follows: A-25% | B-20% | C-15% | D-10%



## Horse Race

Each team must select a horse from the Kentucky Derby (race later in the day). If the horse you selected finishes 3<sup>rd</sup>, your team may deduct two (2) shots from your net score. If the horse you select finishes 2<sup>nd</sup>, your team may deduct (4) shots from your net score. If your horse wins the 2023 Kentucky Derby, your team may deduct eight (8) shots from your net score.

## Lunch

Chef Scott will offer a wonderful Buffet Cook-Out at the Fairway Cafe!

## Prizes

Paid to low net scores in the field.





## MEMORIAL DAY STABLEFORD GOLF EVENT

Sunday, May 28<sup>th</sup> (All Day)

Cost is \$10 per player (includes prize payout)

A fun day playing a fun format! Individual Stableford scoring awards 1 Point for net Bogey, 2 Points for net Par, 3 Points for net Birdie, and 4 Points for net Eagle. Players shall receive 95% of their USGA handicap for this event. No formal registration needed, just sign up with the Starter before you play!



## DEMO DAYS

Upcoming Equipment Demo Days at the Range  
(Please sign up with the Golf Shop for a Fitting Time)

### TAYLORMADE

Thursday, June 1<sup>st</sup> from 11:00 a.m. – 4:00 p.m. (weather permitting)



### CALLAWAY

Thursday, June 8<sup>th</sup> from 11:00 a.m. – 4:00 p.m. (weather permitting)



### XXIO-SRIXON

Friday, June 9<sup>th</sup> from 11:00 a.m. – 4:00 p.m. (weather permitting)



### TITLEIST

Friday, June 16<sup>th</sup> from 11:00 a.m. – 4:00 p.m. (weather permitting)



## MEN'S MEMBER-MEMBER CHAMPIONSHIP

Friday, June 2<sup>nd</sup> and Saturday, June 3<sup>rd</sup>

Cost is \$195 per Player

The Men's Member-Member Championship is one of the premier members' tournaments of the season. If you have not yet signed up, grab a friend and join us. Interested in playing and need a partner? Simply ask the Golf Shop for assistance in finding a teammate. The cost for this event includes tee gift, meals, and drinks daily. *The golf course will be closed for regular play until 2:00 p.m. on Friday and Saturday.*



## PLANNED SCHEDULE OF EVENTS

### Friday, June 2nd

Tee Times Beginning at 10:00 a.m.

Pinehurst (Modified Alternate Shot Holes 1-9)

Two-Person Scramble (Holes 10-18)

Stag Night Dinner at 6:00 p.m.

### Saturday, June 3rd

Breakfast at 8:30 a.m.

Shotgun Start at 10:00 a.m.

Better Ball of Partners **with** 90% Handicap

Lunch & Awards following play

## JUNIOR GOLF CAMP (AGES 7 TO 17)

Monday June 12<sup>th</sup> – Thursday June 15<sup>th</sup> 9:30am – 2:00pm

Cost \$325 per child (includes 24 total hours of instruction, lunch, gift, and prizes)

Camp participants receive 6 hours of group instruction each day covering all aspects of Golf. The 4-day camp will review course etiquette, putting, chipping, bunker play & full swing. Each child will participate in goal setting through Operation 36. Operation 36 teaches each golfer how to break 36 in 9 holes beginning at 50-yards and advance backwards in 25-yard increments upon reaching their goal. Sign up now for this great camp!



### Golf Camp Daily Schedule (subject to change based on weather):

9:30 a.m. - 10:15 a.m. - Pitching vs. Chipping

10:15 a.m. - 11:00 a.m. - Putting & Bunker

11:15 a.m. - 12:00 p.m. - Full Swing

12:00 p.m. - 1:00 p.m. - Lunch in Clubhouse.

1:00 p.m. - 2:00 p.m. - Operation 36

## INTERCLUB MATCHES VS. COUNTRY CLUB OF SAPPHIRE VALLEY

Thursday, June 15<sup>th</sup> at CCSV

Friday, June 16<sup>th</sup> at Cullasaja Club

12 Noon Lunch & Range | 1:00 p.m. Shotgun Start | \$75 per person

We have scheduled several home and away interclub matches this coming season. The event will be a fourball match play using 90% of the handicap of the low man in the group. Each team will get one point for a win and a ½ point for a tie. These events will be limited to the first 12 that sign up

### Other Interclub Matches this Season

Thursday, July 27<sup>th</sup> at Highlands Falls

Friday, July 28<sup>th</sup> vs Highlands Falls at Home

Wednesday, August 16<sup>th</sup> at Old Edwards Club

Thursday, August 17<sup>th</sup> vs OEI at Home

Thursday, September 28<sup>th</sup> at Wildcat Cliffs

Friday, September 29<sup>th</sup> vs Wildcat Cliffs at Home

## MONTHLY SATURDAY NIGHT SHOOTOUT

Saturday, June 17<sup>th</sup> at 4:00 p.m.

Enter a team with the Starter 828-526-6446 (call or text)

Cost is \$40 cash per team – Top 3 Teams are awarded.

This entertaining event occurs on a Saturday of each month. Sign up as a two-person team and play an alternate shot format with elimination to have a monthly winner. The lowest net team scores will advance to the next hole until only two teams remain going to the 9<sup>th</sup> and final hole. Teams can be men or women or a mix. Handicaps will be given at 50% of the team total off the low team in the Shoot-Out. Strokes are given as they fall on the card and will be adjusted when the low team is eliminated. This event is always popular and there are a maximum number of teams permitted.

## THE SHOOTOUT



## GRANDFATHER/FATHER GOLF CHALLENGE

Saturday, June 18<sup>th</sup> (All Day)

Cost \$55 per team (includes game & lunch)

Make a tee time with the Starter 828-526-6446 (call or text)

Feel free to invite another Grandfather/Father/Son team or ask the Starter if you would like to play as a twosome or foursome.





## MIXED MEMBER-GUEST GOLF TOURNAMENT

### “Tribute to our Armed Forces”

Wednesday, June 21<sup>st</sup> until Friday, June 23<sup>rd</sup>

Cost is \$1100 per team (includes golf, all meals, gifts and prizes)

This annual tradition marks the best couples' event of the season! The Mixed Member-Guest offers 3 days of remarkable fun. This event filled up quickly and we are sure to be on a waiting list. Please inquire in the Golf Shop if you would like to be added to this list.

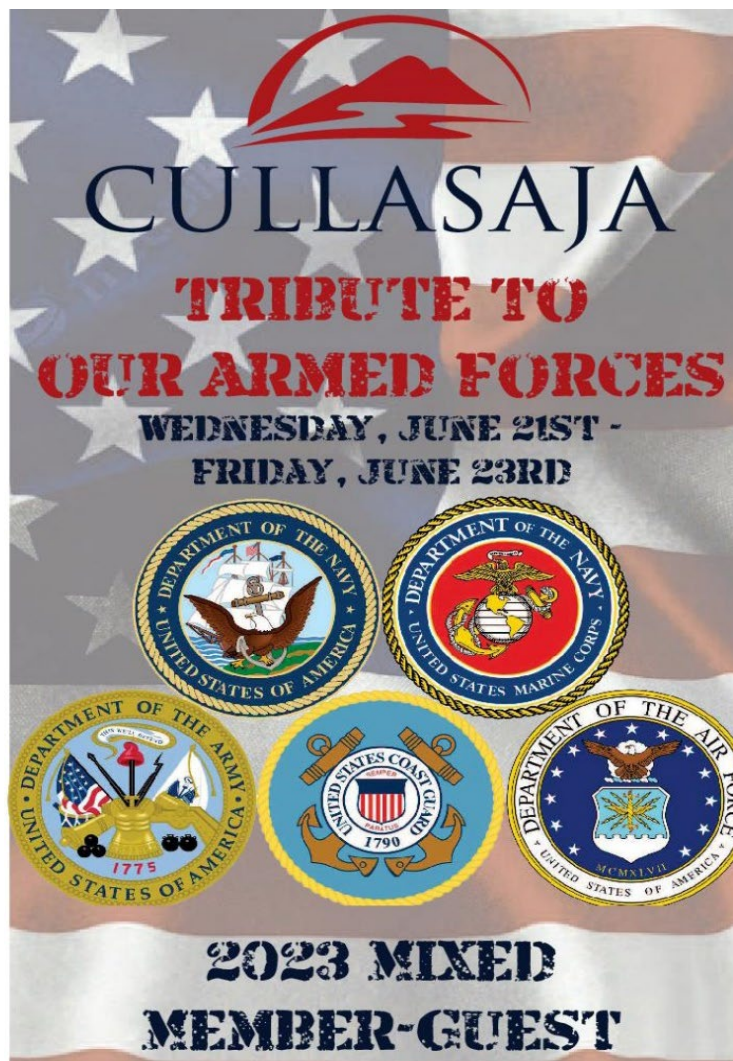


**CULLASAJA**  
**2023 MIXED MEMBER-GUEST**  
**TRIBUTE TO OUR ARMED FORCES**  
**SCHEDULE OF EVENTS**

**WEDNESDAY, JUNE 21<sup>ST</sup>**  
 10:00 a.m. - Optional Practice Round Shotgun  
 (Guest and Cart Fee Included)  
 4:00 p.m. - Optional Couples' Twilight Golf  
 (Guest and Cart Fee Included)

**THURSDAY, JUNE 22<sup>ND</sup>**  
 11:00 a.m. - Registration + Lunch  
 12:30 p.m. - Shotgun Start - Round 1  
 6:30 p.m. - Celebration of Freedom  
 (Featuring Live Entertainment by: The Parks Brothers)

**FRIDAY, JUNE 23<sup>RD</sup>**  
 8:30 a.m. - Breakfast @ Clubhouse  
 10:00 a.m. - Shotgun Start - Round 2  
 2:30 p.m. - Awards Luncheon



**CULLASAJA**  
**TRIBUTE TO**  
**OUR ARMED FORCES**  
**WEDNESDAY, JUNE 21<sup>ST</sup> -**  
**FRIDAY, JUNE 23<sup>RD</sup>**

**2023 MIXED**  
**MEMBER-GUEST**







## WGA 9 & 18-HOLE EVENTS IN MAY & JUNE

### WGA OPENING DAY ON MAY 23<sup>RD</sup> AT 9:30 A.M.

We will kick-off the 2023 WGA season with a 9-hole scramble with teams of A/B/C/D players from both the 9 and 18-holers. Chef Scott will prepare an amazing lunch, and our opening WGA meeting will also occur with a special prize drawing at the conclusion. Please make sure you attend this fun event on May 23<sup>rd</sup>.



### WGA LAUREL CUP on Monday, June 5<sup>th</sup> and Tuesday, June 6<sup>th</sup>

**Format:** Two-Day Individual Ringer Tournament with a Net Double Bogey Max score with 18-Hole & 9-Hole Divisions.



Round One pairing will be established by player's handicap and Round Two by your first day score. A Low Gross Prize will be awarded because of the Net Double Bogey Max.

### Other WGA June Events

June 13 <sup>th</sup>	18 Holers= Team Stableford (ABCD) / 9-Holers= Scramble (Random Pairing)
June 15 <sup>th</sup>	"Let's Talk" Wine & Cheese Party for All WGA Members
June 20 <sup>th</sup>	18 Holers= 1 Gross + 1 Net / 9-Holers= Odds & Evens
June 27 <sup>th</sup>	18 Holers= Pin Placement / 9-Holers= One Best Ball and One Best Putt
June 29 <sup>th</sup>	18 Holers= Interclub with Cullasaja Hosting



Golf  
Events

**Saturday, May 6**

**Sunday, May 28**

**June 2-3**

**Sunday, June 18**

**June 21-23**

**Saturday, July 1**

**Sunday, July 9**

**July 19-22**

**Sunday, August 6**

**August 11-12**

**August 24-25**

**Sunday, September 3**

**Sunday, September 17**

**September 22-23**

**Saturday, October 7**

**Kentucky Derby Tournament**

**Memorial Day Stableford**

**Men's Member-Member**

**Grandfather/Father Challenge**

**Mixed Member-Guest**

**Flag Day Tournament**

**Sunday Couples'**

**Men's Invitational**

**9 and Dine**

**Club Championships**

**WGA Member-Guest**

**Labor Day Quota**

**The Couples Cup**

**Cullasaja Cup**

**Fall Member-Guest**





## Weekly Golf Games

MON.	TUES.	WEDS.	THURS.	FRI.	SAT.
<b>Scratch Game</b> 12pm Shotgun	<b>WGA - 18</b> 8:30am Shotgun	<b>Scratch Game</b> 10:30am Shotgun	<b>Warriors</b> 9am Shotgun	<b>Scratch Game</b> 12 pm Shotgun	<b>Warriors</b> 9 am Shotgun
<b>9-Hole Men</b> 1pm Shotgun	<b>WGA - 9</b> 10:30am Shotgun	<b>Twilight Golf</b> 4 pm Shotgun	<b>9-Hole Men</b> 10am Shotgun (Back 9)		<b>9-Hole Men</b> 9:30 am Shotgun
	<b>Tuesday Game</b> 11:30am Shotgun		<b>Thursday Game</b> 11:30am Shotgun		<b>Saturday Game</b> 10:30 am Shotgun

**Call the Starter @ (828)526-6446 to Sign-up.**



**Tom Nelson**

Golf Course Superintendent

Phase I of the renovation of our Master plan has been completed. We have successfully built 25 new bunkers, 3 greens, 22 new tee boxes, and numerous miscellaneous projects to improve playability and turf conditions going forward.

The greens on holes #1, #4, and #6 were completely reconstructed to create a more user-friendly putting surface, and to allow more variety in future hole locations. You will recall #1 and #4 offered limited pin locations due to the severity of the slope throughout the greens. Now these greens still have plenty of elevation change while increasing areas for reasonable hole locations.

In my opinion, converting the 5<sup>th</sup> hole to a par-five and the 6<sup>th</sup> to a par-four will be the biggest change in the way the course will play. We added length to the 5<sup>th</sup> tee by adding two new tee boxes in the wasted spaced between the 6<sup>th</sup> green and 7<sup>th</sup> tee. The 6<sup>th</sup> green was lowered by two feet, eliminating the steep approach, and shifted forward by roughly 10 yards. Previously, the 5<sup>th</sup> hole was the number 1 handicap since most times the second shot into the green was a farther distance than the tee shot. This made the hole difficult for a large portion of our players. Conversely the 6<sup>th</sup> hole was a short par five; however, the elevated green here made for many frustrating chip shots. By lowering the green complex on #6, a shot can now easily run up onto the new, larger putting surface. We feel like these changes are to make for a more remarkable playing experience.

The bunkers that were renovated were constructed to divert rainwater around them, helping to reduce washouts during heavy rain events. Additionally, the new drainage system in the bunkers used Capillary Concrete that will rapidly move water through and help the sand dry out more quickly. Bill Bergin has done a great job of adjusting bunker locations and faces to help “open up” the approach to the greens. These adjustments really help the higher handicap golfers to have a chance of rolling a shot onto the putting surface vs. winding up in a bunker. This change should have little effect on the lower handicappers who tend to miss left or right of target, and not as much short or long.

New tees have been added to create a more playable course for more playing levels. Cullasaja Club now has 7 teeing options to choose; denoted by new roman numeral tee markers. No doubt there will be a learning curve to determine which set best fits each person, and we encourage you to try different sets of tees to figure out which provides the best balance of challenge and fun. The intent was to offer a wider variety of teeing options for a more enjoyable experience to players of all skill levels. The additional tee boxes should make this a reality.



Numerous subtle changes have been made throughout the course that will create improvements in both the aesthetic and playability of the golf course.

What to expect early in the 2023 season? Construction projects are always a challenge and particularly so in the NC Mountains over the winter. While the temperatures were mostly mild, we had overly abundant rainfall during phase 1. This led to numerous delays and some reduction in scope from our initial aggressive plan. Knowing the difficulty in working over the winters played a part in the decision to have the renovation project completed in phases over two off-seasons.

We initially had hoped to be completed with new sod installation by the first week in April but, unfortunately, that did not happen. In total, over 450,000 square feet of sod has been installed and the majority of that was laid since the beginning of March. With very little time to “grow-in” the new grass, there will be a few areas not quite ready for play come May 1st and we will have to deal with sod seams and miscellaneous areas of ground under repair for some time. We will continue to do everything possible to nurture the new turf into maturity; however, there is no substitute for “grow in” time when it comes to creating high quality turf. Green speeds will be considerably slower in May to allow the new greens time to smooth up and develop a healthy root system.

I want to thank Bill Bergin, the Green Committee and everyone involved who helped with phase 1 of the renovation. We all sincerely hope you will enjoy what you experience when you return.



**Aerial photo of #2 Fairway**

**Aerial photo of new #4 Green**





Aerial photo of new #5 Tee Boxes



Aerial photo of new #6 Green



Aerial photo of #9 Fairway



Photo of #16 Sodding







**Brian Lozano**  
Croquet Director

Welcome home Cullasaja Croquet Club Members!!! We hope that you had a healthy and memorable winter season and are now thrilled to be back on the lawns for a fantastic 2023 season. The Croquet Committee, Terry and I have created a full calendar of fun, social, and competitive croquet events scheduled for your enjoyment. Our weekly and holiday social events will offer opportunities to create ever-lasting memories with your fellow members and friends while engaging in the friendly game of golf croquet. We want to provide a balance of social and competitive playing opportunities so that everyone can enjoy our wonderful sport.

We will offer two weekly Mallets and Martinis social themed events each week starting in June. These will continue to be held on Tuesday and Thursday afternoons beginning at 4:30 p.m. In response to the survey that was sent out last fall, we will offer one session to start so that there is time for participants to sit out and socialize over food and drink. I will also be offering a complimentary 'drop-in' beginners' clinic each Wednesday morning beginning at 10:00 a.m. starting in June.

One of the best features about our growing sport is the opportunity to meet and play with people from other clubs. We will continue to support the Inter-Club Program to showcase Cullasaja Club to local area players while having the opportunity to visit and play at neighboring clubs. We also plan to participate in the Croquet Mountain Challenge in September. This club teams' tournament is contested by teams from all clubs with croquet programs in Highlands and Cashiers. This is an exciting opportunity to represent your club and compete as a team.

Our excellent croquet program would not be complete without the Annual Club Tournaments. Men's and Ladies' Championships; Singles, Doubles, and Mixed Doubles are some of our most fun and memorable events that take place on our lawns. Waves of support and encouragement throughout the competitions to inspire one another with great play and camaraderie is yet another special way to experience croquet in Cullasaja.

I am excited to work closely with the new leadership of the Cullasaja Croquet Committee (CCA). Together, we are looking forward to continuing to grow our program for players of all levels, to provide the most exciting croquet experience on the plateau. I look forward to seeing you in late May!

Yours Truly,

*Brian Lozano*

Brian Lozano, Croquet Director

## 2023 PREMIER PLANNED CROQUET EVENTS

May 27th	Memorial Day Weekend Croquet Event
June 13th	Welcome Home "Cowboy Croquet"
June 19th & 20th	Men's Singles Championship
June 26th & 27th	Ladies' Singles Championship
July 2nd	Patriots Play Croquet Event
July 24 & 25	Men's Doubles Championship
July 31st & August 1st	Ladies' Doubles Championship
August 14th & 15th	Mixed Doubles Championship
August 29th	Peace, Love & Wickets 70's Themed Event
September 2nd	Labor Day "Away" Croquet Event
September 6th & 7th	Mountain Challenge Tournament (Tentative)
September 11th & 12th	Cullasaja Cup
October 3rd	End of Season Croquet Awards Banquet

## 2023 WEEKLY CROQUET SCHEDULE

*Subject to Change*

### Sundays

Open Play until 4:00 p.m.  
4:00 – 6:00 p.m. Sunday on the Lawn

### Wednesdays

10:00 a.m. Intro to Croquet Clinic  
With Brian Lozano

### Mondays

10:00 a.m. Ladies on the Lawn

### Thursdays

10:00 a.m. Ladies on the Lawn  
Mallets & Martinis 4:30 – 6:00 p.m.

### Tuesdays

10:00 a.m. Men on the Lawn  
Mallets & Martinis 4:30 – 6:00 p.m.

### Fridays

10:00 a.m. Competitive Match Play

### Saturdays

Open Play



## MEMORIAL DAY CROQUET EVENT

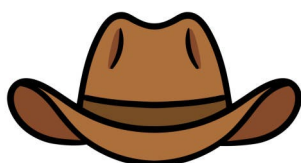
Saturday, May 27th at 10:00 a.m.

Start the Memorial Day Weekend off with a great event! Join us on the lawns for a round robin, fun croquet format. Reservations are limited to the first 32 who sign up, so please use the Cullasaja App to sign up in advance.



## WELCOME HOME “COWBOY” CROQUET MIXER

Tuesday, June 13<sup>th</sup> at 4:30 p.m. on the Croquet Lawn



The official start to the 2023 Croquet Season will be a giddy up good time with a cowboy themed event. Dress in your best Yellowstone attire and join us on the lawns for a great time. This event will be a very special gathering and is always one of the highlights of the season. Sign up now and enjoy a mix of country music, cowboy themed food, and western cocktails. We will also create some outstanding skill challenges and games for you to participate and enjoy while vying for prizes. This event will fill up quickly, so sign up on May 13th or soon after if you plan on participating. You can register by using the Cullasaja App under the croquet section.

## MALLETS AND MARTINIS (STARTING IN JUNE)

Tuesdays and Thursdays from 4:30 p.m. to 6:00 p.m.

This weekly event is by far the most popular CCA event we have on our schedule each season. Enjoy light hors d'oeuvres and a signature bar while hanging out with other croquet enthusiasts. Please sign up ahead of time for the **Mallets & Martinis** event by using the Cullasaja App or by calling 526-9185. The event features a round-robin format in a highly social and fun atmosphere.

## BEGINNER CLINIC, DRILLS AND PLAY (STARTING MAY 31<sup>st</sup>)

Each Wednesday Beginning at 10:00 a.m.

If you are a beginning level player and you want to raise the level of your game, this is your weekly opportunity. Terry will discuss different shots such as clearing shots, stop shots and basics of placement of your shots. Rules for double taps and crushes will also be explained. No sign up required, just show up at the lawn at 10:00 a.m. A minimum of two members are required for this weekly event to occur.

## **COMPETITIVE MATCH PLAY ON FRIDAY MORNINGS AT 10 a.m.**

This event is held most every Friday from 10:00 a.m. to 12 noon and is for competitive match play for both men and women. This event is a great way for tournament level players to hone their skills by competing against some of the best players at the Club. Advance sign up is not required, so feel free to “drop in”.

## **“LADIES ON THE LAWN” - Monday & Thursday Mornings Beginning at 10 a.m.**

Ladies on the Lawn offers a social and casual opportunity to play croquet with other ladies. You do not need to sign up in advance, but please arrive a little early so as to not interrupt pairings, and to get warmed up in advance of 10:00 a.m.

## **“MEN ON THE LAWN” - Tuesday Mornings Beginning Promptly at 10 a.m.**

This weekly event allows gentlemen to compete in doubles format. You do not need to sign up in advance, but please arrive a little early so as to not interrupt pairings and to get warmed up in advance of 10:00 a.m.

## **“SUNDAYS ON THE LAWN”- Each Non-Holiday Sunday beginning at 4 p.m.**

This weekly event is hosted by various croquet playing members and occurs without Club staff present. It offers a wonderful way to meet your fellow croquet enthusiasts in a relaxed and social atmosphere. You may drop in on any Sunday, but please try to arrive a little before 4:00 p.m. to get paired up and not interrupt play.

## **SPECIAL NOTE REGARDING DAILY PLAY**

As a reminder, players who make reservations have priority to the lawns. We will do our best to make sure at least one lawn is available for casual play each day when there are no tournaments or weekly scheduled events. However, if you want to guarantee access you should always reserve the lawn in advance. Please email or call the Croquet Shop to check availability and to make a court reservation in advance to guarantee your space.

Reservations for “The Lawn” may be made through the Croquet Shop. Except for weekly scheduled events and inter-club events, courts may be reserved up to 5 days in advance for a period of one and a half hours. During holiday weekends and or during peak times courts may be double banked whenever necessary. The Lawn is available for play from 8:00 a.m. until dusk. Each day, there are scheduled events that will take up lawn space. Occasionally the lawn may need to be closed for mowing and agronomy reasons, but generally the lawn will be open 7 days a week during the times specified above.

## CROQUET RULES & REGULATIONS REMINDER

The most up to date Croquet Rules and Regulations are in the back of your printed Member Directory for easy access at any time. Please reference these rules if you are not sure of the etiquette and expectations while on the lawns. All white attire is required for any sanctioned CCA event and the normal Club-wide dress code is in effect during other times on the lawns. Please keep all shirts tucked in and baseball hats facing forward. For those wishing to play casually, please consult the dress code section of the Croquet Rules section of the Directory. All players should wear smooth soled shoes to protect and preserve the integrity of our beautiful lawns.



## CROQUET SHOP FOR 2023

We will have a Croquet Shop this season; however, Brian or Terry have moved towards ordering merchandise related to croquet. Please visit with them to review options and to place an order. We have demo mallets and a few other croquet accessories in shop along with several clothing items.

## CULLASAJA CROQUET ASSOCIATION (CCA)

We strongly encourage those interested in playing croquet this summer to join the other 150+ CCA members in the Cullasaja Croquet Association. Members of the CCA enjoy the following perks:

- Participation in all Sanctioned CCA Events
- Complimentary Food at the Season Opener, Special Events, and End of Season Awards Dinner
- Complimentary Food at the Weekly Mallets and Martinis
- Rules and Game Improvement Seminars
- Instruction by Visiting World Class Instructors
- Inter-Club Matches vs. Other Area Clubs
- All Weekly Croquet Events and Food



You do not have to join the CCA to use the beautiful croquet lawns, but you do have to be a member of the CCA to participate in all CCA sanctioned events. So, as you can see, you get a lot of bang for your buck with the joining fee of \$100 per person (\$200 per couple) for the entire season.



## 2023 CROQUET COMMITTEE

Julie Wright, Chairwoman  
 Denny Landers, Vice-Chair  
 Bill Walker  
 Debbie Thompson  
 Don Feibelman  
 Emily Adkins  
 Martha Reilly  
 Rick Doty  
 Tom Guffey



Terry and I are very appreciative of our volunteer leaders on the Croquet Committee. They have done an outstanding job supporting the croquet program and helping us become one of the marquee programs on the plateau. Please join us in thanking this important Committee for helping grow the game while providing guidance on social events and programming.

## 2023 CROQUET CHAMPIONSHIPS

The format will once again be a Double Elimination draw. This means a team must be beaten twice to be eliminated from the event. The winning team will advance on one side of the draw, and the losing team moves to the opposite side of the draw. Depending on the size of the draw, we might have to have the semi-finals and finals on a second day.

## SINGLES CROQUET CHAMPIONSHIPS

- **Men's Singles Championship**  
June 19<sup>th</sup> (and 20<sup>th</sup> if needed)
- **Ladies' Singles Championship**  
June 26<sup>th</sup> (and 27<sup>th</sup> if needed)



2022 Men's Singles Champion  
Clint Dawkins



2022 Ladies' Singles Champion  
Julie Wright

## DOUBLES CROQUET CHAMPIONSHIPS

- **Men's Doubles Championship**  
July 24<sup>th</sup> (and 25<sup>th</sup> if needed)
- **Ladies' Doubles Championship**  
July 31<sup>st</sup> (and August 1<sup>st</sup> if needed)



2022 Men's Doubles Champions  
Don Feibelman & Mike Reilly

## MIXED DOUBLES

- **Mixed Doubles' Championship**  
August 14<sup>th</sup> and 15<sup>th</sup>



2022 Mixed Doubles Champions  
Victor and Bertie Fransen



2022 Ladies' Doubles Champions  
Mary Evelyn Feibelman & Julie Wright





**Chris Harris**  
Tennis Director

**WELCOME HOME CULLASAJA MEMBERS:** I am so excited with the arrival of the 2023 tennis season! We will have a Welcome Home and New Tennis Playing Member party on Saturday, May 27<sup>th</sup> and I encourage anyone interested in tennis to join us for this fun event.

I am happy to announce that Heather Bell and Joe Sewell are returning to assist us with tennis this season. Please stop by the courts and say hello to us when you return from your winter homes. We look forward to seeing you and the many new members who will be playing tennis with us for the first time. If you are new to tennis, come see me and we can get you started playing as soon as possible. If you have gone away from tennis but

would like to return, we can quickly get you set up to play with others at or near your skill level. Tennis is a sport that can be enjoyed by all...I hope you will pick up a racquet and come see us!

As a reminder, the upper courts were lifted and the lower courts were top-dressed in mid-April so they will be in perfect shape this season. We have many fun and competitive tennis events planned, including a new Red and Blue Tennis Tournament on June 10th. Please reach out to me if you are interested in getting more involved in tennis, or if I can help you via a lesson, practice sessions, or locating a weekly game for you to enjoy. I can be reached at [tennis@cullasaja-club.com](mailto:tennis@cullasaja-club.com) or 828-482-4483. Travel back safely and we look forward to seeing you on the courts.

## **2023 TENNIS COMMITTEE**

I personally want to recognize and thank the Cullasaja Club Tennis Committee for their outstanding guidance and for helping me acclimate to the Club. I also want to recognize Mary Evelyn Feibelman for all she has done as Chairwoman the past few seasons. She has done an excellent job and I appreciate her, and the entire Committee listed below for their support and assistance.

Mary Evelyn Feibelman, Chairwoman  
Anne Schaeffer  
Ernie Wilding  
Jan Pavlis  
Larry Ainsworth  
Mary Alice Collins  
Tom Cooper





## **TENNIS BALL MACHINE**

The state-of-the-art tennis ball machine is available for you to work on your game. The machine can be reserved on a first come, first serve basis by contacting Chris in the Tennis Shop. Fees and usage times will be determined and presented to those using the machine prior to use.

## **MODIFIED WEEKLY SCHEDULE DURING THE MONTH OF MAY**

Men and Ladies play at 10:00 a.m. on Monday, Wednesday, and Friday

Open play is at 10:00 a.m. on Tuesday, Thursday, and Saturday

As always, during the month of May we combine men & women for our weekly tennis days. This helps ensure we have enough Members for doubles matches. Please sign up in advance so we can make sure there is an even number of players. Chris, Joe or Heather can fill in as needed to even out the number of players for doubles each day. May offers a great time to “knock of the rust” and we hope to see you on the courts!

## **WEEKLY TENNIS PLAY SCHEDULE AFTER MEMORIAL DAY**

Ladies play at 10:00 a.m. on Monday, Wednesday, and Friday

Men play is at 10:00 a.m. on Tuesday and Thursday

Both the Men and Ladies play on Saturdays at 10:00 a.m. Sundays are open play days to organize your own games.

## **LADIES WARM-UP DRILLS**

Due to the popularity of the complimentary warm-up drills that I offered last season, we will offer this again for 2023.

## **INTER-CLUB MATCHES**

Due to the success of the interclub matches with local clubs last season, our goal is to continue to host these events in 2023. The hope is that Mountain Laurel Tennis Club, Highlands Falls Country Club, High Hampton, Country Club of Sapphire Valley, and the Sapphire Racquet Club will join us in reciprocation of these events. Stay tuned for more information on the 2023 inter-club schedule.

## **TENNIS PRO SHOP**

We have liquidated the dated tennis clothing in the shop and will be able to order any tennis related items you would like to order. Please see Chris Harris to review catalogs or online stores for information on ordering tennis merchandise this season.



## PROPER TENNIS ATTIRE REQUIRED

Please remember to adhere to the published dress code while playing or practicing on the courts. The dress code is listed in the back of the Member Directory for easy reference. Please do not wear denim fabric, sports bras, tank tops or bathing suits. Please wear shoes that are appropriate for playing tennis on a har-tru surface.

## MEMORIAL DAY WEEKEND

### *“WELCOME HOME / NEW MEMBER TENNIS MIXER”*

SATURDAY, MAY 27<sup>TH</sup> at 10:00 a.m.



- Please show your pride by wearing red, white and blue
- Social mixer, not competitive in nature
- Open to all levels of play
- Open to all family members and guests

Please sign up via the Club Member App or via email at [tennis@cullasaja-club.com](mailto:tennis@cullasaja-club.com)



## RED & BLUE TENNIS TOURNAMENT

SATURDAY, JUNE 10<sup>th</sup> at 10:00 a.m.

- Please show your pride by wearing red, white and blue
- Social mixer, not competitive in nature
- Open to all levels of play
- Open to all family members and guests



Please sign up via the Club Member App or via email at [tennis@cullasaja-club.com](mailto:tennis@cullasaja-club.com)

## UPCOMING EVENTS

### 2023 TENNIS TOURNAMENTS



#### MENS DOUBLES INVITATIONAL

Saturday, June 24<sup>th</sup> at 10:00 a.m.

#### LADIES MEMBER-GUEST

Friday, August 19<sup>th</sup> at 10:00 a.m.



The Men's Doubles' Invitational and Ladies' Member-Guest Tournaments are our premier tournaments of the season. Please feel free to invite a guest, a current Member, or a family member to partner with you. If you need a partner, Chris will be happy to help you find one; just let him know when you sign up. A special Chef's Menu will be served as part of the awards luncheon after play for these events.

#### MEN'S DOUBLES CHAMPIONSHIPS

July 15<sup>th</sup> at 10:00 a.m.

#### LADIES' DOUBLES CHAMPIONSHIPS

July 29<sup>th</sup> at 10:00 a.m.

#### MIXED DOUBLES CHAMPIONSHIPS

August 5<sup>th</sup> at 10:00 a.m.







**Elizabeth Holt**

Wellness Director

My name is Elizabeth Holt and I want to say hello from sunny Florida. I cannot wait to meet you and discuss your goals for living a healthy and fulfilling life. I am also looking forward to returning to the Highlands area and taking in some of that magical, aromatherapeutic mountain air. I will be arriving in late April, and I hope you will come by and visit me in the Activity Center once I arrive. As you get to know me, you will find that I enjoy teaching various group classes like Spin, Aqua, Pilates Barre Sculpt, Stand Tall and Strong Class and a Restorative Yin Yoga Class. I can work with many different fitness levels; and have experience working with pre-and postoperative conditions and day-to-day injuries. I also enjoy one-on-one training in a functional training program, with stabilization being the key. It will be fun to work with you on balance, posture, strength, flexibility and whatever else you wish. Together, we can customize a program that is tailored to your goals and needs. You will hear me say often, I firmly believe exercise and wellness is a way of life, but most importantly, a prescription for true happiness. I truly look forward to joining the Cullasaja Club family and am eager to start meeting each of you.

Yours in Health,

*Elizabeth Holt*

Elizabeth Holt, Wellness Director

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Your Cullasaja Wellness Staff offers a variety of fitness classes designed to motivate movement and support healthy lifestyles. ALL LEVELS are welcome in any class. Fitness classes are created so anyone can participate, regardless of their experience level or physical limitations. Instructors can help you find modifications to lessen intensity levels or increase them. Any Member who participates in fitness classes or uses the fitness rooms should seek their physician's approval before beginning an exercise program, participating in a class, or using any of the exercise equipment. Any physical activity may pose a health risk for some individuals, and these risks can vary from minor sprains and strains to major injuries and sudden death. Each participant should exercise at a pace that is comfortable for them and seek medical advice prior to starting any exercise regimen.

## 2023 CULLASAJA MAY FITNESS CLASS SCHEDULE

Classes Begin Monday, May 8<sup>th</sup> – Aqua begins Monday, June 5<sup>th</sup> and ends Friday, August 25<sup>th</sup>

### Monday

8:30 Tonic Spin with Core & Arms with Elizabeth  
9:30 Roll Your Pain Away with Erica

### Tuesday

10:00 Sculpt Pilate Barre with Elizabeth  
11:00 Restorative Yin Yoga for Flexibility  
with Elizabeth

### Wednesday

8:30 Spinning through the Decades with Manu  
9:30 Golf Strength and Stretch with Manu

### Thursday

10:00 Sculpt Pilate Barre with Elizabeth  
11:00 Golden Yoga—Stretching Into Your Best Years  
with Manu

### Friday

8:30 Tonic Spin with Core & Arms with Elizabeth  
9:30 Stand Tall & Strong with Elizabeth

**Elizabeth will be updating the Fitness Class Schedule in May and some of the above classes may change. Stay tuned for the regular schedule starting in June.**

### WELCOME HOME WELLNESS MIXER

Saturday, May 20<sup>th</sup> at 11:00 a.m. in the Activity Center

Stop by the Activity Center to meet and greet the 2023 Wellness team, get oriented on the fitness equipment, and discuss any health or fitness goals with our Wellness Team! Learn about our new fitness class schedule, massage therapy and personal training all while enjoying healthy snacks and juices. The Wellness Team can't wait to see you and work with you in 2023!



## FITNESS CLASS DESCRIPTIONS

### TONIC SPIN WITH CORE & ARMS

This spin class can be an easy or invigorating head to toe class emphasizing cycling drills for cardiovascular training. While mastering form on the bike, I incorporate intervals of upper body and core resistance work to strengthen and tone.



### SCULPT PILATES BARRE



We will combine strength – style movements with Pilates and Barre techniques in a fusion 45-minute class that challenges you. Each class will vary with one or two exercise props. We will flow through exercises with optional bands, weights, small Pilates balls or a Pilates ring while focusing on form, balance, and posture.

### RESTORATIVE YIN YOGA FOR FLEXIBILITY

Bring on the Bliss! Yin yoga is a gentle, slow, meditative form of yoga that emphasizes on Prana breathing and on mindfully holding poses on a mat. You will Melt into your mat with props like blocks, bolsters, and blankets. While most forms of yoga focus on building muscle strength, Yin Yoga centers on stretching deeper connective tissue such as ligaments, tendons, and deep fascia. This yoga is called yoga of the joints.

### STAND TALL & STRONG

This class will improve your posture and balance. We will target your posterior chain muscles from head to toe to improve your stability and body alignment. We will incorporate optional light weights or bands to activate your back and shoulders along with targeting glutes, hamstrings, and calves. This class will end with stretches.





# PLANNED 2023

## LOCAL GUIDED HIKES

Please RSVP in advance for hikes as there is a minimum of 6 participants for hikes to occur.

All participants should meet at the Activity Center and be ready to caravan to trailhead at 9:00 a.m.

Saturday, June 17 <sup>th</sup>	White Rock
Saturday, June 14 <sup>th</sup>	Cullasaja Trail on NFS Land
Saturday, July 15 <sup>th</sup>	Rabun Bald
Saturday, August 19 <sup>th</sup>	Balsams or Ellicott's Rock (TBD)
Saturday, September 23 <sup>rd</sup>	Wayah to Burningtown Gap

*More info including the fitness levels required for each hike will be forthcoming in late May. Please RSVP via the Member App or by contacting the Wellness Department.*



**Manu Luebeck**  
Massage Therapist

## Massage with Manu

Massage is generally considered part of integrative medicine. The benefits of massage include reduced stress and increased relaxation, reduced pain, muscle soreness and tension, improved circulation, energy and alertness, lower heart rate and blood pressure, as well as improved immune function. Some studies have found massage may also be helpful for anxiety, digestive disorders, fibromyalgia, headaches, insomnia related to stress, low back pain, myofascial pain syndrome, nerve pain, soft tissue strains or injuries, sports injuries, temporomandibular joint pain, and upper back and neck pain. People also enjoy massage for overall well-being, it often produces feelings of caring, comfort, and connection (Mayo Clinic, 2022).

Did you know, at Cullasaja Club we offer a wide variety of massage treatments? These include Relaxation Massage, Deep Tissue, Ashiatsu, Thai Yoga, Pregnancy Massage, Hot Stones, and Cupping. In addition, we also offer spa services such as Body Brush and Body Scrub.

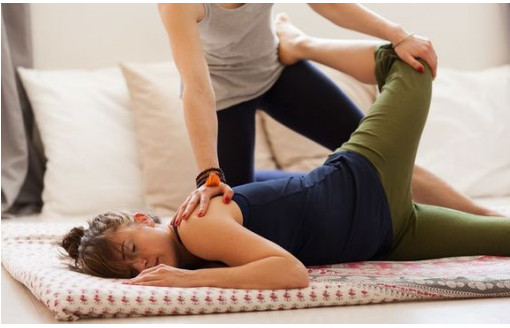
*What follows is a more detailed explanation of each massage treatment and spa service.*

**Relaxation Massage** - uses light to medium pressure to relax the body and mind. Long, gliding strokes are used in the direction of the blood returning to the heart. Relaxation Massage helps relax muscles and increase circulation.

**Deep Tissue Massage** - uses firm pressure to relieve muscle tension in deeper layers of connective tissue. Forearms, elbows, and thumbs are used to apply deeper pressure in areas of focus.



**Ashiatsu Barefoot Massage** - uses light to deep pressure. Ashiatsu stems from the Japanese meaning “foot pressure”. Feet are used to massage the neck, back, arms and legs with the client lying face down and the massage therapist either seated or standing holding onto mounted bars.



**Thai Yoga Massage** - combines stretching techniques and massage strokes with the client fully relaxed. The client wears loosely fitted clothes on a massage table or Thai Yoga Mat. Thai Yoga massage sometimes includes client-assisted stretches.

**Pregnancy Massage** - is performed sideling when the client is past the first trimester. Pillows and bolsters are used to keep the client comfortable. Pressure is applied to the level of the client's comfort.



**Hot Stone Massage** - incorporates warm stones



into a Relaxation or Deep Tissue Massage. Stones are placed on the back, palms, and under the neck with the localized heat and weight of stones aiding in muscle relaxation. Warm stones can be utilized to apply deeper pressure in areas of focus.

**Cupping** - incorporates suction cups into a Relaxation or Deep Tissue Massage. Suction cups are used to move connective tissue to help with inflammation, circulation, relaxation, and scar tissue. Cups are continuously moved to avoid broken blood vessels that leave the notable dark rings.



**Body Polish/Brush** - uses a soft brush to remove dead skin and increase circulation. It can be added to any massage treatment and is specifically recommended before a body scrub.

**Body Scrub** - exfoliates and softens your skin. We focus on the back, hands, and feet. A body scrub to these areas can be applied to any massage treatment and should be combined with a body polish.

If you have any questions or would like to schedule a massage treatment, please contact Cullasaja Wellness at 828-526-2939 or email [wellness@cullasaja-club.com](mailto:wellness@cullasaja-club.com).



# MAY 2023

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Full Season Clubhouse Dining Hours Begin on Tuesday, May 16th - See Calendar Below for May Clubhouse Dining Hours Prior to May 16th

Lunch is served Tuesday through Saturday from 11:30 a.m. to 2:30 p.m.; and **Sunday Brunch** is served from 10:30 a.m. until 2:00 p.m. excluding Special Events

Dinner is served on Tuesday through Saturday Nights in **June, July & August excluding Special Events**; and on Tuesday, Wednesday, Friday, and Saturday Nights in **September & October**

Reservations are required for dinner tables, and preferred for Sunday Brunch. Please make dining reservations via the Member App or calling 526-3531 (no more than 14 days in advance)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Activities</b> Croquet Golf Tennis WGA Wellness	1 <b>Fitness Classes Begin for the Season</b>	2 <b>FAIRWAY CAFE OPEN FOR LUNCH</b> NO LUNCH OR DINNER SERVICE at CLUBHOUSE	3 <b>FAIRWAY CAFE OPEN FOR LUNCH</b> NO LUNCH OR DINNER SERVICE at CLUBHOUSE	4 Clubhouse Open for Lunch & Dinner	5 Clubhouse Open for Lunch & Dinner Twilight Golf	6 Clubhouse Open for Lunch <b>Derby Golf Tournament</b> Run for the Roses Kentucky Derby Party @ 5:00 p.m.
7 <b>Sunday Brunch Begins for the Season</b> 10:30am - 2pm	8	9 <b>FAIRWAY CAFE OPEN FOR LUNCH</b> NO LUNCH OR DINNER SERVICE at CLUBHOUSE	10 <b>FAIRWAY CAFE OPEN FOR LUNCH</b> NO LUNCH OR DINNER SERVICE at CLUBHOUSE	11 Clubhouse Open for Lunch & Dinner	12 Clubhouse Open for Lunch & Dinner Twilight Golf	13 Clubhouse Open for Lunch & Dinner
14 <b>Mother's Day Brunch</b> 10:30am - 2pm 	15 HOA-BOD Mtg @ 9am FCA Golf Outing Golf Course Closed	16 <b>Regular May Dining Hours Begin</b> Clubhouse Open for Lunch Tuesday-Sunday Open for Dinner Tues, Wed, Fri & Sat	17 Twilight Golf	18 <b>Wine Dinner @ 6 pm</b> limited to 50 ppl Sign up via App Beginning on April 18th	19	20 <b>Welcome Home Wellness Mixer @ 11am</b> <b>POOL OPENS FOR THE SEASON</b>
21	22 Club BOG Mtg @ 8:30am	23 <b>WGA Opening Day</b>	24 Twilight Golf	25	26 <b>POOL CAFE OPENING DAY</b>	27 <b>Memorial Day Croquet Event</b> <b>Welcome Home/ New Member Tennis Mixer</b>
28 <b>No Brunch Today</b> <b>Memorial Day Golf Event</b> <b>MEMORIAL DAY COOKOUT</b> 5pm - 8 pm	29 Clubhouse Open for Lunch <b>HAPPY MEMORIAL DAY</b>	30 Clubhouse Closed <b>No F&amp;B Service</b> Fairway Cafe Open for Lunch	31 Twilight Golf	<b>2023 Fairway Cafe &amp; Poolside Cafe Hours (Weather Permitting)</b> * Fairway Cafe is open from 11am-4pm each day the golf course is open. Please pre-order using the Member App, or calling 482-4421 in advance. * Poolside Cafe is open Friday, Saturday, and Sunday from 11am- 3pm from May 21st until September 5th		

## Clubhouse Dining in June

Lunch and Dinner are served on Tuesday through Saturday in June **excluding special events.**

Sunday Brunch is 10:30 am to 2:00 pm

# JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Activities</b> Croquet Golf Tennis WGA Wellness	<b>Dinner Dress Code in the Clubhouse</b> Country Club Casual; aka collared or button-down shirts, "Tommy Bahama" style Hawaiian shirts, knee-length shorts, slacks, nice denim without holes or tears are permitted on the Sweetwater Terrace, Overlook Verandah and the bar area at all times. All shirts should remain tucked-in, with the exception of "Tommy Bahama" style or "Untucked" brand shirts. After 6pm, the Sweetwater Room requires slacks and button down shirts, golf shirts, or Tommy Bahama type shirts unless variations are approved by the Club for a special function. Please refrain from wearing t-shirts and workout/tennis attire in the evenings if coming to dine at the Clubhouse.			1	2 <b>GOLF MEN'S MEMBER - MEMBER</b>	3
4	5 <b>WGA Laurel Cup</b> 1pm-Shotgun 18 & 9	6 <b>WGA Laurel Cup</b> 8:30am= 18 & 10:30am = 9	7 <b>Weekly Contract Bridge Begins @ 9am</b>	8 <b>Wellness Workshop</b> 11am-3pm at The Barn "Feel Good Food!"	9 <b>Welcome HOME PARTY @ 6 pm</b>	10 <b>Red &amp; Blue Tennis Tournament</b>
11	12 HOA-BOD Mtg @ 9am Hike-Whiteside Mtn	13 <b>Welcome Home "Cowboy Croquet" Event</b>	14	15	16 <b>CWO WELCOME HOME COCKTAIL PARTY</b>	17 <b>THE SHOOTOUT</b> <b>Saturday Night Shoot-Out @ 4pm</b>
18 <b>FATHER'S DAY BRUNCH</b> 10:30am - 2pm <b>Grandfather/Father Golf Challenge</b>	19 <b>Men's Singles Croquet Championship</b>	20	21	22 Clubhouse Open for Lunch <b>Clubhouse CLOSED for Dinner</b>	23 Clubhouse Open for Lunch & Dinner	24 <b>Men's Doubles Tennis Invitational</b>
25 <b>Cullasaja Monthly Farmers' Market Pickup @ 3pm</b>	26 Club BOG Meeting @ 8:30am <b>Ladies' Singles Croquet Championship</b>	27	28	29 <b>WGA Interclub</b>	30 <b>FAMILY BINGO NIGHT &amp; BUFFET DINNER</b> Bingo calling in all areas of Clubhouse Themed Buffet Only	31