

CULLASAJA CURRENTS

IN MEMORIAM OF
STEVE SHERIDAN



MAY & JUNE 2026

A PUBLICATION FOR MEMBERS & FRIENDS OF CULLASAJA CLUB

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IMPORTANT NUMBERS

Cullasaja Club Main
(828) 526-3531

Clubhouse Dining
Reservations
Cullasaja Member App
or (828) 526-3531

Club To Go Orders
Cullasaja Member App
or (828) 482-4373

Front Security Gate
(828) 526-3954

Golf Tee Times
Cullasaja Member App or
call or text the Starter
at (828) 526-6446

Tennis/Croquet Shop
Cullasaja Member App for
Lawn/Court Reservations
or call (828) 526-9185

The Fairway Cafe
Cullasaja Member App to
place an order
or call (828) 482-4421

DINNER & EVENT RESERVATIONS

Reservations are a must for all Club social events and for dinner. Reservations for dinner can be made up to 14 days in advance.

Special Event reservations may be made up to one month prior to the event starting at 9:00 a.m. (i.e. 9:00 a.m. on June 4th for July 4th reservations)

Reservations can be made instantly via the Member App or by calling 828-526-3531 Tuesday through Saturday to speak with the Receptionist or the Food & Beverage Manager.

If you are not seated within 15 minutes beyond your reservation time, your table may be given to another member. Your assistance in adhering to this policy will enable us to further enhance your Club experience.



GENERAL MANAGER'S Message

As we begin our **39th season at Cullasaja Club**, it is a pleasure to welcome everyone back to Highlands and the beautiful mountains for what promises to be another outstanding year. The May–June edition of *Currents* highlights an exciting start to the season, and the entire team is eager to see the Club come alive again with members, families, and friends enjoying all that makes Cullasaja such a special place. Welcome Home!



Chris Conner, CCM, CCE
General Manager /COO

AN UNFORGETTABLE SUMMER BEGINS

The early part of the season is always filled with anticipation, and this year is no exception. Our events calendar is already packed with wonderful opportunities to reconnect with fellow members and celebrate the beginning of another memorable summer. Highlights include:

- Annual Derby Day Party on May 2nd
- Mother's Day Brunch on May 10th
- Our first Wine Dinner of the season on May 28th
- The Opening Golf Scramble on May 16th

Memorial Day Weekend will once again serve as the traditional kickoff to the busy summer months, followed closely by our **Welcome Home Party on June 6th**, which is always one of the most enjoyable evenings of the year. Both the Croquet and Tennis Calendars are full of great events including the **Solids & Stripes Croquet Event on May 23rd**, the **Tennis Welcome Home Event on June 5th** and the **Croquet Welcome Home Event on June 9th**. The Wellness team is introducing several new classes and new instructors while enjoying the new Wellness Center, further enhancing the Club's commitment to health and fitness.

A NEW ERA OF ENTERTAINMENT:

The Activity Center Reimagined

As many of you know, one of the most exciting developments at the Club this year is the ongoing **Activity Center renovation**. Construction is well underway, and we are currently targeting completion in late October. When finished, the reimagined facility will offer a dynamic space for year-round entertainment and social gatherings. Members will enjoy **two indoor Trackman golf simulators**, a pool table, shuffleboard, arcade games, and large-screen televisions, along with comfortable seating areas designed for relaxing and spending time with friends. We are also creating a new gathering space ideal for traditional table games such as **Bridge, Canasta, and Mahjong**.

MEMBERSHIP UPDATE



Amy Fine
Membership Director

WELCOMING NEW FACES, STRENGTHENING OUR COMMUNITY

One of the greatest strengths of our Club has always been the sense of community created by our Members. As we welcome several new families into the Club, we are reminded that the spirit of the Club is not just found in our beautiful grounds, golf course, or clubhouse—it's found in the people who gather here.

To our newest members, we are truly glad you have joined us. We hope you quickly discover what makes this Club such a special place: friendly faces, shared traditions, and the simple pleasure of spending time together. Whether it's a round of golf, dinner on the terrace, time at the pool, or one of our many social events, we hope the Club becomes a place where you feel completely at home.

To our longtime members, we encourage you to extend the same warm hospitality that has always defined our Club. A friendly introduction, an invitation to join a group for golf, or simply a welcoming conversation can go a long way in helping new members feel part of the community.

Our Club thrives because of the connections formed here, and each new member adds something special to that fabric. We look forward to seeing new friendships develop and to many memorable moments shared together in the seasons ahead.



Candi Carse-Mishko
Maitland, FL



Paul Carriere & Andrea Farley
Atlanta, GA



Bart & Jenny Collins
Suwanee, GA



John & Beth Geraghty
Atlanta, GA



Mark & Lori Grube
Delray Beach, FL



Dr. Al & Dr. Kae Harding
Jacksonville, FL



David & Teri Harvey
Naples, FL



Don & Christine Jowdy
Tampa, FL



Eric McKenna & Ana Steele
Miami, FL



Dan & Pam Merrill
Pensacola, FL



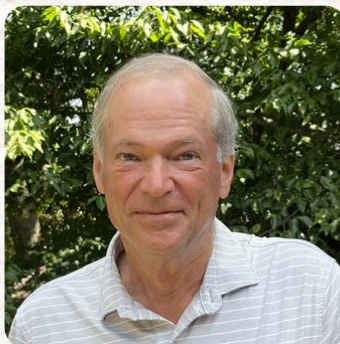
Dave & Sandra Reckell
Lakewood Ranch, FL



Ed & Aileen Stockburger
Ponte Vedra Beach, FL



Alan & Susan Temple
Vero Beach, FL



Dr. Whit Walker
Greenville, SC

*Please join us in giving
our newest members a
warm welcome when
you see them around
The Club.*



Stay In The Know!

CLUB COMMUNICATIONS

We are incredibly excited for the 2026 season and the memorable year ahead! There are so many exciting things in store, and we are all looking forward to the experiences and opportunities this season will bring. As we continue to communicate with you throughout the season, I want to make sure you feel informed and connected. If you ever have any questions about the various communication channels the Club uses — whether it's newsletters, social media updates, or any other platform — please don't hesitate to reach out. Your involvement and feedback are what make this community so special. Here's to a fantastic year!



Heather Bell
Communications Director

WAYS TO STAY UP-TO-DATE:

- **The Member App** (*Access Department Calendars, F&B menus, make dining reservations, sign-up for upcoming events, make a tee time, tennis court or croquet reservation, sign up for tennis clinics & most Club tournaments*)
- **Guidebooks** (*Golf, Croquet, Tennis, Wellness, and Food & Beverage / Events*)
- **Email** (*If you are not receiving Club emails and would like to, let us know!*)
- **Monthly Newsletters** (*We try our best to keep information current and relevant so be sure to read important updates from each department head!*)
- **Follow Us: Instagram & Facebook** (*Whether you are on property and want to know what's happening, or if you are out-of-state and missing your mountain home, these platforms will allow us all to stay connected and feel a part of important moments*)

Have a memorable photo to share?

Many of you are taking beautiful photos of the Club, special events, and candid pictures of your family that are worthy of sharing! We would love for you to share these photos with us! To submit a photo, simply email it to communications@cullasaja-club.com or send it via direct message on our Instagram or Facebook.

Kind Regards,
Heather Bell
Communications Director





From the Vine.

New & Exciting Offerings for 2026

From a reimagined Wine Club to unforgettable dinners and first-of-their-kind events, this year is all about raising the bar... and your glass.



Robie Mendoza
Clubhouse Manager

Spring always brings an unrivaled excitement as we round the corner into the season. I am so thankful for the hospitality and support that I received as I was welcomed back in 2025. We are excited to come into 2026 as we continue to evolve our beverage program with new and exciting offerings. These offerings include a transition of the wine locker program to a new wine club with increased benefits and amenities, alongside a calendar of novel events filled with winemaker features, a beer dinner, and the 2nd Annual Wine Showcase following a great first edition in the fall of last year.

The cornerstone of this year's evolution is the transformation of our existing locker program into an all-encompassing **Wine Club**, designed to offer more value and exclusivity to our most passionate enthusiasts.

CULLASAJA WINE CLUB

The new Wine Club offers a premium experience for our enthusiasts. For only \$500 annual fee, members enjoy:

- A dedicated 12-bottle locker with unlimited locker stocking (only pay the BWS price of the bottle).
- \$5 corkage fees for any outside bottle brought to the Club.
- Exclusive opportunities to purchase rare and allocated wines from distributors.
- A curated bottle of wine and a wine club gift upon joining or renewal.



These events will be structured with two different components in order to provide an opportunity for members to enjoy in a wide variety of ways.

Curated Dining Experience

Our culinary team will craft a special three-course menu (appetizer, entrée, and dessert) designed to pair perfectly with three wines from the featured winery. This will be offered as a fixed-price special alongside our dinner menu. A representative from the winery will be working tableside to guide you through the pairings.

Casual Tasting

A representative will operate a casual tasting table in the club, offering members the opportunity to "try before they buy" and purchase bottles at our special Bulk Wine Sale (BWS) price.



WINEMAKER FEATURES

We are also introducing a new "Winemaker Feature" concept that bridges the gap between a casual tasting and a formal multi-course dinner. It serves as an evolution of our casual tastings, presenting an opportunity to enjoy a unique experience within the framework of our regular a la carte dining. The first experience of this kind being on June 26th where we will welcome Matthew Perry, Director of National Sales with Lail Vineyards



Lail Vineyards

BULK WINE SALES PROGRAM

As a reminder, you can always purchase wine through the Club with our Bulk Wine Sales Program, an unbelievable offering at our cost + 20%. An amenity aimed to provide competitive pricing and unmatched convenience for purchasing wine, from daily drinking wine to special bottles and allocations. This program provides immense value for the casual wine drinker and oenophile alike. Whether 2 bottles or 2 cases, we are happy to source and sell any wine for you. 24/7/365

As an extension of this program, enjoy our Tailored Wine Purchasing Service. I am happy to curate a case for you based on your preferences, price point, and needs. Consider this an ongoing conversation — your preferences may evolve, and we're here to evolve with you. We aim to offer selections that are truly unique.

Robie Mendoza
Clubhouse Manager



WINE DINNER *WAYFARER ESTATE*

Wine Dinners that remain the hallmark of our beverage program providing a food & beverage experience that is unrivaled, On **Thursday, May 28th**. Joe Hunter: National Sales Manager of Wayfarer Estate, returns after a well-regarded 2025 pop-up tasting featuring wonderful Chardonnays and Pinot Noirs from the Pahlmeyer family's Fort Ross-Seaview Estate. We look forward to diving deeper into the Wayfarer catalog including wines that don't usually make it off of the vineyard or into North Carolina. It promises to be an evening that can't be missed!

2ND ANNUAL WINE SHOWCASE

After a successful inaugural event that featured nine distributors and over 70 wines, the Wine Showcase returns. Last year, we sold over 65 cases and hope to best that number this season with new offerings, unique varietals, and the vineyards you know and love.

Sunday, June 7th
2:30 p.m. – 5:30 p.m. in the Sweetwater Room

Food & Beverage

We are absolutely thrilled to welcome you back for the 2026 season!

There is a special energy in the air as we prepare to open our doors, and we cannot wait to see the Club filled with familiar faces once again.



Jessica Spaulding
F & B Director

OUR LEADERSHIP TEAM

I am excited to welcome David and Jadyne back for their third season in their management roles. Their dedication and expertise continue to be the backbone of our service, I know you all are just as excited as we are to see them continue to flourish in their roles. We are also overjoyed to share that Silvana, who has spent the last four seasons as a premier server, is joining the management team as our new Dining Room Supervisor. I couldn't dream up a better team to ensure your every need is met this year.

Updates

FAMILIAR FACES RETURN

While you will see many new faces on our Front of House team, we are delighted to welcome back three familiar friends from seasons past:

- Jesse Fredericks (2022 season) is elated to be returning to the Club and to Highlands.
- Wesley Chetty (2023 season) is back, ready to charm everyone with his signature bright smile.
- Paulo Sousa (2023 & 2024 seasons) rejoins the family and is ready to serve up delicious beverages and great conversation from behind the bar.

In addition to our returners, we have a team full of new faces who are so excited to join our family and experience getting to know the membership. Once they arrive, they'll be busy building an extended family with one another during our popular Monday staff excursions—including our favorite day at the lake! Please be sure to look through our Employee Look Book to get to know all our talented team members joining us this year.



exciting *new* events



SILENT DISCOS ON THE LAWN

Get ready to dance under the stars! We are introducing Silent Discos on the Event Lawn this summer. We will host a Family-Friendly session in July and an Adults-Only session in August. Keep an eye on the calendar for these unique, high-energy nights.

Check out our July Newsletter for information about the Family Silent Disco!

KARAOKE NIGHTS

We are bringing back the member-favorite Karaoke with a fresh new structure! This year, the Sweetwater Dining Room will transform into a dedicated Karaoke Lounge. This allows you to come and go as you please throughout a traditional a la carte service—perfect for those who want to drop in for a song or stay for the whole show.



Join us for the first Karaoke Night of the season on Thursday, June 25th.



TRIVIA NIGHTS

Brush up on your facts and gather your sharpest friends! We're thrilled to announce that we are expanding our calendar with two Trivia Nights. These special events are designed to inject a little extra energy and friendly competition while you enjoy our regular à la carte dinner service.

Join us for the first Trivia Night of the season on Thursday, June 11th.

Sunday Brunch Update

We've heard your feedback! This season, we are transitioning from our traditional Brunch Buffets to a much-requested A La Carte Brunch service. This change allows us to provide a more personalized dining experience with dishes prepared fresh to order. Please note that we will still host our grand Brunch Buffets on select Holidays, which are clearly marked on the Club calendar.

10 F&B UPDATE // MAY & JUNE 2026

2026 Poolside Dining Update

While the Pool Café is under construction this season, we are making sure your poolside experience remains seamless. We are introducing a Pool Café To-Go option! You can order your favorite items for delivery right to your chair every Friday through Sunday during June, July, and August.

4032 MARKET BREAKFAST

Our breakfast service is getting a wonderful "facelift" this year. Enjoy new hot and fresh offerings that rotate weekly, alongside house-made syrups for your morning coffee. We are especially proud to be featuring local coffee roasters this season to bring you a true taste of the mountains. To ensure a perfect start to your day, a dedicated attendant will be on hand to assist you. Join us Thursday, Friday, and Saturday mornings from 8:00 a.m. to 11:00 a.m.



IMPORTANT REMINDERS

2026 CALENDAR OF EVENTS

We have an incredible lineup planned for 2026! Flip to the next page to see our premier events for May and June, and be sure to consult the full Club calendar so you can mark your calendars for every "can't-miss" celebration all season long; including our holiday buffet series for Memorial Day, the 4th of July, and Labor Day!

We take care of the meal details so you can spend your time relaxing with the family and enjoying the sunshine. Check out our festive lineups and get ready for a stress-free holiday weekends!"

RESERVATION REMINDER

- A La Carte Reservations: Open two weeks prior to the date at 9:00 a.m.
- Specialty Events: Reservations open exactly one month before the event date at 9:00 a.m.

If you have any questions about the upcoming season or the festivities ahead, please feel free to reach out. We are here to make this your best summer yet.

See you at the Club!

Jessica Spaulding

F&B Director

Kentucky Derby Party

Saturday, May 2nd
5:00 p.m. - 7:00 p.m.



Entertainment by:

Wine & Roses

Registration Opens: April 2nd



Mother's Day Brunch

Sunday, May 10th
10:00 a.m. - 2:00 p.m.

Entertainment by:

Carolina Music Planner

Registration Opens: April 10th

MEMORIAL DAY COOKOUT

Sunday, May 24th
5:00 p.m. - 8:00 p.m.



Entertainment by:

The Otherd

Registration Opens: April 24th

"Perfectly Polished"

LADIES' LUNCHEON

Thursday, June 4th
Starts at 12 Noon



Registration Opens: May 4th

WELCOME HOME PARTY

Saturday, June 6th
Cocktails: 6:00 p.m.
Dinner: 7:00 p.m.

Entertainment by:

Michael Jones Band



Registration Opens: May 6th

FATHER'S DAY BRUNCH

Sunday, June 21st
10:30 a.m. - 2:00 p.m.



Registration Opens: May 21st



Caitlin Krisko

THURSDAY
June 4th

JUNE LIVE MUSIC NIGHTS

Starts at 6:00 p.m.



Austin Grantt

SATURDAY
June 20th



FROM THE



KITCHEN



Chef Scott Craig
Executive Chef

As we begin another season at Cullasaja Club, I find myself reflecting with a great deal of gratitude and excitement. This marks my fifth season here, and with each passing year I feel more connected to this remarkable community, more inspired by the team around me, and more energized by the opportunity to continue building something special together.

This winter was an extraordinarily productive one for our culinary team. I had the opportunity to spend time with club chefs from around the country, visiting a number of highly successful operations, exchanging ideas, and discussing the shared challenges that come with serving a large and diverse membership at a private club. Those conversations were invaluable. They reinforced some of the things

we already believe strongly in at Cullasaja, while also inspiring new ideas about how we can continue to improve, evolve, and better serve our members.

As I look back on these past five seasons, I'm proud of how much we've accomplished together. We've navigated the challenges of team rebuilds and visa resets, weathered

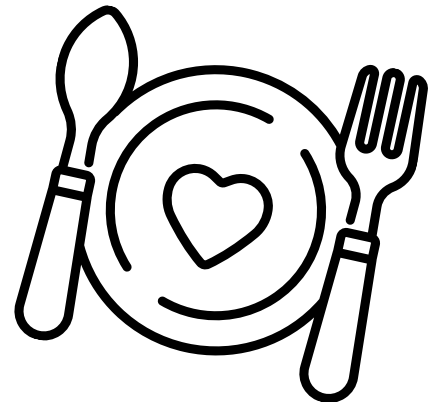
Hurricane Helene, and continued to grow through it all. We've hosted PlateCraft three times, welcoming some of the most talented club chefs in the country to Cullasaja. We've made meaningful capital investments in the kitchen, strengthened our systems and facilities, and continued to refine our approach to dining. Most importantly, I've had the privilege of getting to know so many of you along the way, and that has been one of the most rewarding parts of my time here.



LOOKING FORWARD TO A STRONG SEASON

I'm especially excited about the team we have in place for 2026. We are fortunate to welcome back a number of outstanding returning culinarians, including Jeff Balvich, Dylan DelCid, Brumilda Beyers, Junaid DeVilliers, Axel Hibiki, Adrian Rothman, and David Ockhuys. Their familiarity with our operation, our standards, and our membership is invaluable. At the same time, we also have some exceptional new team members joining us this season, and I'm confident that this combination of returning talent and fresh energy will make for one of our strongest years yet.

You'll notice several thoughtful changes to our menus this season. We'll be offering some of our signature entrées in smaller portions on a more regular basis, creating more flexibility for those who want something lighter while still enjoying their favorites. We're expanding our healthy offerings, increasing variety across the board, and bringing back member favorites like sushi in regular rotation. You'll also see more frequent changes in our Market breakfast offerings and Twilight menus, helping keep those experiences fresh and engaging throughout the season.

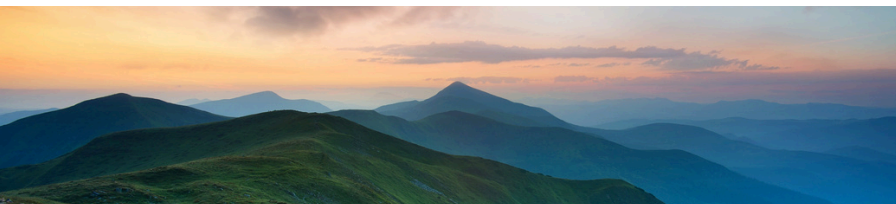


THE ART OF HOSPITALITY: A FRESH CULINARY VISION FOR THE SEASON

Catering to a membership as active, engaged, and diverse as ours is both our greatest responsibility and our greatest challenge. Private club dining is unique in that we serve members frequently, and with that comes the need to balance tradition, variety, comfort,

creativity, and consistency. Our goal this season is to offer menus that truly provide something for everyone, guided by the feedback we've received from many of you. We encourage all members to be active participants in the culinary experience this year and to share

feedback with us in real time, both positive and constructive. That dialogue helps us improve, adapt, and better deliver the kind of hospitality you deserve. At our core, we love hospitality, and we love cooking. Our mission is simple: to create exceptional experiences for our members and their families. Whether that means a memorable dinner in the dining room, a fun and approachable family event, an engaging cooking class, or a special evening at a Chef's Table or wine dinner, we want every experience to feel thoughtful, welcoming, and distinctly Cullasaja.



JUNE HIGHLIGHTS: BRUNCHES, TASTINGS, AND CELEBRATIONS AT THE CLUB

June promises to be just as lively, with Father's Day Brunch, the Welcome Home Party in the Clubhouse, the Chef's Table, wine tastings, and much more. These events are some of the highlights of our season, not only because of the food, but because they bring people together in a way that makes Cullasaja Club so special.

On behalf of our entire culinary team, thank you for the opportunity to serve you. We are proud of what we've built, excited for what lies ahead, and committed to making 2026 a season defined by hospitality, creativity, consistency, and genuine connection. We look forward to welcoming you back to the table for another unforgettable summer in the mountains.

Warm regards,
Scott Craig, WCMC
Executive Chef, Cullasaja Club

MAY EVENTS: MOUNTAIN-INSPIRED CUISINE

We're looking forward to a full and exciting early season. In May, we'll celebrate with our Mother's Day Buffet, Memorial Day Cookout, and the Wayfarer Wine Dinner. We'll also host our first **Cooking Class** of the season on **May 21st: Spring in the Mountains**, a celebration of the ingredients that define the start of the season here in Western North Carolina.



The class will focus on building flavor with spring vegetables, creating quick herb sauces and vinaigrettes, and cooking fish perfectly. Members will have the opportunity to participate in hands-on stations featuring herb vinaigrettes and finishing oils, spring vegetable preparation and blanching techniques, and pan-roasting fish. We'll conclude with a three-course lunch featuring Chilled English Pea Soup with Lemon Crème Fraîche, Pan-Roasted Trout with Baby Greens, Baby Vegetables, and Herb Vinaigrette, and Strawberry Shortcake with Whipped Cream.

GOLF UPDATE

As we officially open the season on May 1st at Cullasaja Club, we're excited to welcome everyone back for what promises to be an outstanding summer of golf, camaraderie, and competition. May and June set the tone for the months ahead, and we have a full calendar of events to get things started.

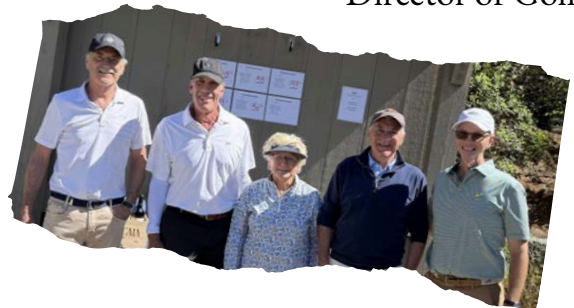
Season Opener: ABCD Scramble

Join us on May 16th with our Opening ABCD Scramble, featuring an 11:00 a.m. shotgun start. This event is always a great way to kick off the season together and includes cook-out style lunch at the Fairway Cafe and awards following play.

Congratulations to our defending champions Mark Jason, Karen Roberts, Alex Harrison, Gary Diorio, and Randy Sjaardema who delivered a strong performance last year. We look forward to another fun and competitive start to the season.



Charles Beurmann
Director of Golf



Men's Member-Member

Our Men's Member-Member Championship takes place Friday, May 29th and Saturday, May 30th and remains one of the premier events on our calendar. The format and schedule are as follows:

FRIDAY, MAY 29TH

- 10:00 a.m. – Tee Times Begin
- Pinehurst (Modified Alternate Shot, Holes 1–9)
- Two-Person Scramble (Holes 10–18)
- Lunch at the Fairway Café

SATURDAY, MAY 30TH

- 8:30 a.m. – Breakfast
- 10:00 a.m. – Shotgun Start
- Better Ball of Partners
- Lunch & Awards Following Play
- 6:00 p.m. – Stag Night Dinner



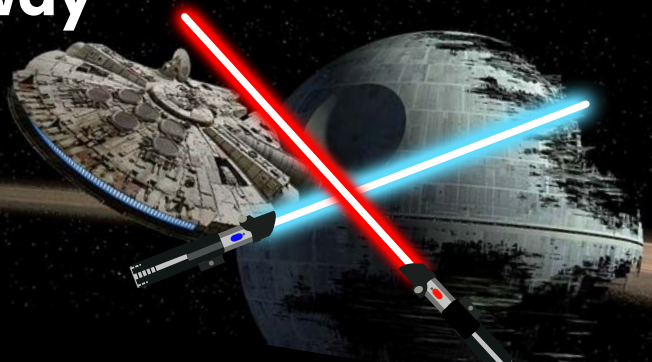
This two-day event includes exceptional food, alcohol, tee gifts, and awards, along with a variety of formats that test every part of your game. *Congratulations to our defending champions, Tim Carey and Doug Treadwell, and best of luck to all teams competing this year.*

JUNE GOLF EVENTS & HIGHLIGHTS

The Force Meets the Fairway

June brings one of the most anticipated events of the season our Mixed Member-Guest Tournament, themed this year as “Par Wars: May the Course Be with You.” This is one of our premier events and always delivers a great combination of competition and fun for all participants.

The event takes place June 18th & 19th, with optional activities beginning on June 17th, including a practice round and twilight golf. The tournament features multiple formats, on-course food stations, themed events, and a lively social atmosphere throughout the week. With great golf, entertainment, and camaraderie, this is truly a highlight of the season and one you won’t want to miss.



JUNIOR GOLF CAMP



We’re also excited to host our Junior Golf Camp from June 8th-11th, designed to provide a fun, structured, and engaging learning environment for our young players. Participants will receive six hours of group instruction each day, covering all aspects of the game. The four-day camp will include instruction in course etiquette, putting, chipping, bunker play, and full swing.

Each junior will also participate in goal setting through Operation 36, a proven development program that teaches golfers how to shoot 36 for 9 holes. Players begin from 50 yards and move back in 25-yard increments as they achieve their scoring goals, creating a clear and motivating pathway for improvement. *Junior Golf Camp is recommended for ages 7 & up.*

CAMP SCHEDULE:

9:30 a.m. – 10:15 a.m.	Pitching vs. Chipping
10:15 a.m. – 11:00 a.m.	Putting & Bunker Play
11:15 a.m. – 12:00 p.m.	Full Swing
12:00 p.m. – 1:00 p.m.	Lunch in the Clubhouse
1:00 p.m. – 2:00 p.m.	Operation 36



NEW! DRIVERS, PUTTERS & WEDGES

A Summer Kickoff for All: Food, Fairway Challenges & Live Music

Drivers, Putters & Wedges is a new event this season, inspired by the tradition of our Men's Invitational Stag Night and reimagined as a fun, family-friendly evening for all to enjoy. The event will take place on Friday, June 12th at 4:00 p.m. at the Fairway Café and will feature great food, interactive golf games, and live entertainment. Members can participate in Long Drive, Closest to the Hole, and a Putting Course Challenge, along with a Mighty Swell tasting. We're excited to welcome The Parks Brothers for live music, creating the perfect atmosphere for a relaxed and memorable evening with family and fellow Members.



DEMO **2026** *Day*



We'll close the month of June with Demo Day on Friday, June 26th from 11:00 a.m. to 3:00 p.m., giving members the opportunity to try the latest equipment from top brands including Callaway, TaylorMade, PING, XXIO, and Srixon. **Fittings will be available for those who pre-registered**, and the Fairway Café will be hosting a cookout, making it a great day to spend time at the Club. Equipment companies will have putters and wedges available to try at the short game, woods and irons available to try at the driving range. Come out and try the latest equipment or schedule an in depth fitting.

Weekly Games Designed for Every Golfer

In addition to our major events, Cullasaja Club continues to offer a full lineup of weekly games, providing consistent opportunities to enjoy the course in a fun and competitive setting. These games are designed to bring Members together each week without the need to arrange tee times. All weekly games are organized by the professional staff, with pairings made at random and in an equitable manner. To maintain fairness and the social nature of the program, Members may not participate if they have prearranged foursomes.

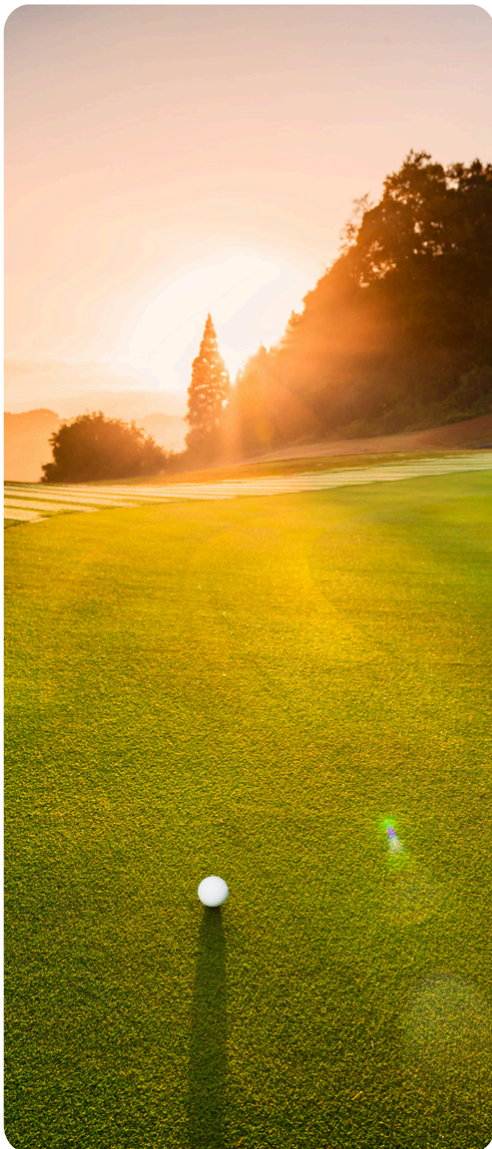


WEEKLY GAME SCHEDULE

Monday	1:00 p.m. – 9-Hole Men
Tuesday	9:00 a.m. – WGA 18-Hole 10:30 a.m. – WGA 9-Hole 11:30 a.m. – The Game
Wednesday	4:00 p.m. – Twilight Golf
Thursday	9:00 a.m. – Warriors 9:30 a.m. – 9-Hole Men 10:30 a.m. – The Game
Saturday	9:00 a.m. – Warriors 10:30 a.m. – 9-Hole Men (Back 9) 11:30 a.m. – The Game

WGA Ladies' Member/Member

The Women's Golf Association Ladies' Member/Member will take place Monday, June 22nd & Tuesday, June 23rd, featuring both 18-hole and 9-hole divisions, creative formats, and a fun, social atmosphere. *Congratulations to our defending champions, Farah Reynolds and London Andes.*



WGA Weekly Game Schedule

The WGA season gets underway in May with a full schedule of weekly games.

9:00am 18 Hole Shotgun | 10:30am 9 Hole Shotgun

TUESDAY, MAY 19TH

Opening Day – “Daylight Step Aside Scramble”

TUESDAY, MAY 26TH

Two Best Balls

TUESDAY, JUNE 2ND

Stableford “One Best Ball”

TUESDAY, JUNE 9TH

Pairing Request Day – (Individual Skins 50% Handicap)

TUESDAY, JUNE 16TH

Two Best Balls

MONDAY, JUNE 22ND & TUESDAY, JUNE 23RD

WGA Member-Member Championship

WGA play continues weekly throughout the season, offering a great mix of formats and opportunities for friendly competition and camaraderie.

We're looking forward to a fantastic start to the season and can't wait to see everyone back at Cullasaja.

See you on the course!

Charles Beurmann

Director of Golf

COURSE UPDATES FROM THE GREEN

Tom Nelson
Golf Course Superintendent



After three long years of intensive renovation activities, the golf course finally got a break last winter. During the renovation process the golf course crew is always having to handle ancillary projects that make for a better finished product. Unfortunately, this takes away from our time to

handle the smaller day-to-day maintenance items that every course deals with. With three years of deferred maintenance, we had a long list of projects to tend to. While smaller projects don't get the WOW factor that major renovations do, it's the details that give an overall more polished feel to a course.



As always, we began with our annual cultural practices like aerification and topdressing etc. then moved on to our projects. I'm happy to report that we were able to complete the majority of what we set out to do and the remaining projects have no effect on the playability of the golf course.

Embracing New Technology

New for 2026 is a trial of three small autonomous rough mowers. They will be living under the Fairway Café and are responsible for mowing the rough on #9, #10 tee, #18 green complex along the rough surrounding the Short Game Practice facility. In total they will keep 3 acres of rough mowed in virtually all weather conditions. After the initial trial runs, we have identified a few surface irregularities that we are smoothing out to prevent them from getting stuck but otherwise, they show great promise in having the ability to complete their task with little supervision.

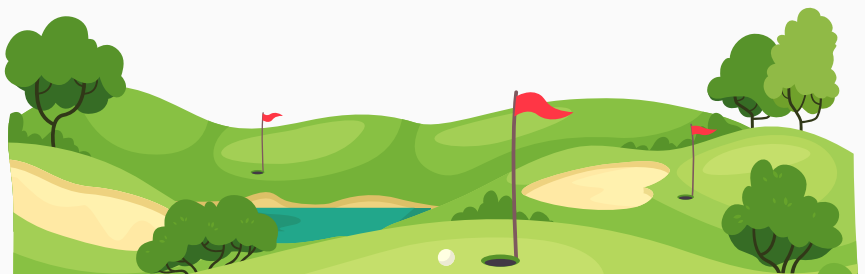


As this technology becomes more refined, we plan to introduce more units in the future. As the season progresses, we will be working on a schedule that both keeps the turf mowed and does not interfere with play or other maintenance activities on the course. We are optimistic that utilizing this new technology will improve turf conditions through more consistent mowing, less dependent on weather conditions, and scale back our need for a large seasonal staff each season.

SPRING! Waiting for Warmer Weather



As of this mid-March writing, we are in the typical roller coaster of early spring weather. Last week we had temps in the 60's and 70's which was enough to get a decent green up and this morning the temperature was 15 degrees with a dusting of snow on the ground. Hopefully mother nature is kind to us going forward and we will have a friendly weather pattern leading into opening day.



We are looking forward to a great 2026 and are thankful to have everyone back enjoying the course.

TENNIS

UPDATES

SERVING UP A NEW SEASON

Welcome back Cullasaja Club tennis players! We hope you enjoyed a refreshing winter and are excited for another fantastic season on the courts here in the cool mountains of Western North Carolina.

Introducing Our 2026 Tennis Staff

We're delighted to introduce three new members of our tennis staff this season—Maci Stork, Laura Holland and Lydia Holland, former Franklin High School standouts who played under Coach Heather. They will be assisting in tennis operations in the Tennis Shop and on court. *We also want to wish Kate Phillips who was with us for the last two seasons the very best as she studies abroad this season.*

Returning this year:

- **Joe Sewell**, continuing his excellent work in court grooming and daily maintenance
- **Heather Bell**, our Communications Director and Tennis Professional, offering both lessons and clinics throughout the season



Chris Harris
Tennis Director

JUNE EVENTS:

- **FRIDAY, JUNE 5TH**
Welcome Home & New Member Tennis Mixer 
- **FRIDAY, JUNE 19TH**
Ladies' Member-Guest
CANDY LAND
- **TUESDAY, JUNE 30TH**
Men's Doubles Invitational 

TENNIS FACILITY IMPROVEMENTS

We're pleased to share that a new equipment shed has been added to Court #1. This structure will help us organize teaching tools and protect the ball machine from weather, ensuring our practice balls stay dry and ready for use.

Even better—our tennis ball machine has been fully repaired and is ready to go. To reserve it, please book Court #2 through your Cullasaja Member App. A small usage fee has been added this year to help support future maintenance; further details are available in the 2026 Tennis Guidebook.

REMINDER! Court Reservations & Daily Check-In

A friendly reminder to make all reservations for mixers, clinics, events, and ball machine use through the Cullasaja mobile app. If you need help navigating the app, Heather is happy to assist.

We also ask that you stop by the Tennis Shop each morning before play to register. This helps us track court usage accurately and collect guest fees—an important part of maintaining and improving our facilities.

NEW! TENNIS SHOP APPAREL EVENTS

Thanks to Beth Carpenter and Tennis Chair Pam Burge, we'll be hosting two ladies' apparel trunk shows this season to expand and improve our tennis clothing selection. Keep an eye out for upcoming announcements with dates and details.



Note:

Annual top-dressing and line installation are scheduled for late April (weather permitting), with the goal of having at least two courts ready for play by May 1st.



TENNIS: A SPORT FOR EVERYONE

Tennis is a lifelong sport that welcomes all ages and skill levels. If you're new to the game—or returning after time away—Heather and I would love to help you get involved. We have complimentary loaner racquets available for anyone who needs one.

Our goal is to grow the game at Cullasaja by encouraging participation and ensuring our courts are used during the most enjoyable parts of the day, especially the cooler late mornings.

NEW! Clinics & More

We are excited to announce additional clinic offerings for the 2026 season. From beginner adult clinics to the return of our popular junior clinics and from fun-focused "105" events to more advanced strategy clinics, we are hoping to provide plenty of opportunity to both grow in skill and have fun this summer. Check out the guidebook for more information about each opportunity.

Safe travels back to the mountains. We can't wait to see you on the courts soon.

Chris Harris
Tennis Director





Welcome to the

2026 CROQUET SEASON

Brian Lozano, Croquet Director

We hope you have enjoyed a restful and refreshing winter, and that you are looking forward to returning to Cullasaja for the summer season. With spring now upon us, we are delighted to welcome you back to the lawns and to another year of croquet at the Club.

Working alongside the Croquet Committee and Terry, we have put together a thoughtfully designed calendar for the season ahead. Our goal, as always, is to offer a well-balanced program—one that provides opportunities for both relaxed social play and meaningful competition, while continuing to strengthen the sense of community that makes croquet at Cullasaja so special.



“Here’s to a new season of croquet—bringing together sport, friendship, and community.”

CLUB TOURNAMENTS

Our **Annual Club Tournaments** remain a central part of the season and one of the traditions that members look forward to most. From the **Men's and Ladies' Championships** to the **Doubles and Mixed Doubles**, these events consistently bring out the very best in both play and sportsmanship.

There is a unique energy during tournament days, members gathered along the lawns, matches unfolding across the courts, and a genuine sense of support and camaraderie throughout. It is a part of the Cullasaja experience that continues to set our program apart, and we look forward to seeing many of you both competing and supporting one another again this summer.



MAY & JUNE CROQUET EVENTS

SATURDAY, MAY 23RD

Solids & Stripes
CROQUET EVENT



TUESDAY, JUNE 9TH

**Welcome
Croquet
Home**



MONDAY & TUESDAY
JUNE 15TH & 16TH

**MIXED DOUBLES
CHAMPIONSHIP**



INTRA-CLUB LEAGUE

Following the positive reception of the Intra-Club League introduced toward the close of the 2025 season, we are pleased to bring this format back as a featured part of this year's program.

Building on the enthusiasm and feedback from last year's participants, the league offers a structured yet relaxed opportunity for members to enjoy weekly, team-based play. The format is designed to encourage both friendly competition and continued connection among members, with thoughtfully balanced teams and an engaging style of play throughout the season.



Members can expect well-prepared lawns, firm hoops, and an enjoyable competitive atmosphere—alongside the simple pleasure of spending time on the courts with fellow members. It is a format that we believe adds both variety and energy to the weekly schedule, while continuing to reflect the spirit of the Cullasaja croquet community.



INTER-CLUB & REGIONAL PLAY

Our **Inter-Club matches** will once again offer members the opportunity to represent Cullasaja while enjoying competitive and social play with neighboring clubs. These events are an important part of our program and a wonderful way to build lasting connections within the croquet community.

We are also looking ahead to the **Highlands Championship** and the **Croquet Mountain Challenge**, both of which remain key highlights of the season. Following Cullasaja's historic first victory in the 2025 Highlands' Championship, we are eager to build on that success and position ourselves to defend the title in the year ahead.



At the same time, with several strong performances in recent years, we remain equally motivated to make a determined push for the Croquet Mountain Challenge and bring the trophy home to Cullasaja for the first time. These events not only showcase the strength of our program, but also serve as a meaningful source of pride for the Club and its members.

WEEKLY PLAY

Whether you're here for the sport or the social scene, there's a spot on the lawn for you. Join the ladies on Monday and Thursday mornings, or the men on Tuesday mornings. If you prefer your practice with a side of conversation, our Mallets & Martinis and Wine & Wickets sessions (Tuesdays and Thursdays at 4 p.m.) are a fan favorite. Looking to test your progress? Cap off the week with our competitive practice sessions every Friday at 10 a.m.

LOOKING AHEAD

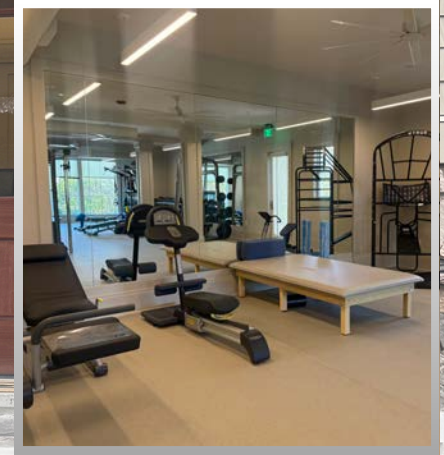
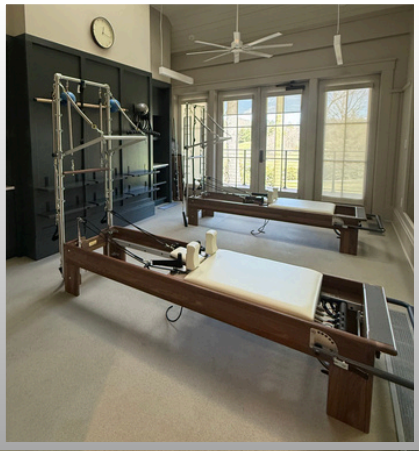
I am grateful to continue working alongside the leadership of the Cullasaja Croquet Committee, whose support and commitment play such an important role in the continued success of the program.

Thank you, as always, for your enthusiasm and support. Terry and I are very much looking forward to seeing everyone back on the lawns, reconnecting with familiar faces, and welcoming another memorable summer of croquet at Cullasaja Club.

We will see you on the lawns soon.

Brian Lozano
Croquet Director

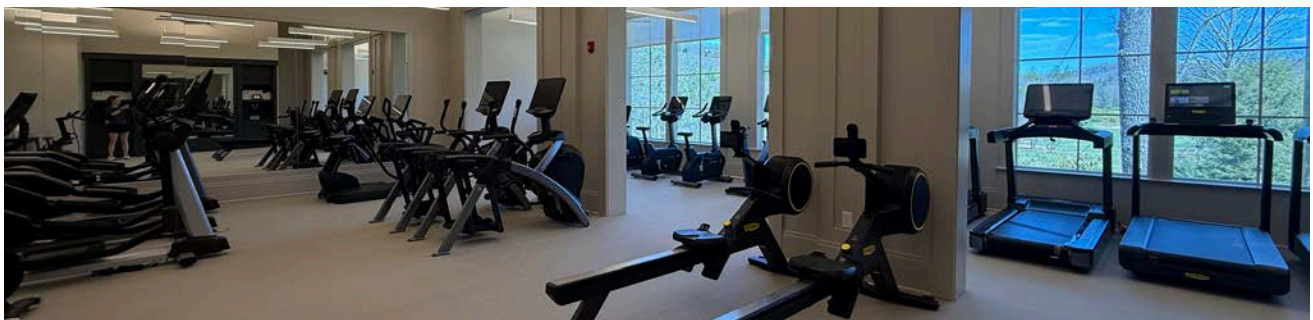
WELLNESS UPDATE



Welcome home to Cullasaja, and the 2026 summer season. We are so excited for your return and to provide you with memorable wellness experiences this year. To begin, the Wellness Center construction project has been completed, and we can't wait for you to utilize it. The new facility features drastically larger strength training, stretching, cardiovascular areas, as well as two group studio spaces. Additionally, saunas, cold therapy, private massage therapy, and Pilates spaces will make your wellness journey more pleasurable than ever.

With a new facility and new equipment, there will be lots of questions! Your wellness team is here to help. Please make plans to attend the **Wellness Welcome Home Mixer** on **Saturday, June 13th** at 10:30 a.m. We will have personal trainers, massage therapists, and group exercise instructors available to help you understand everything that comes with a new Wellness Center.

Of course, you don't have to wait until mid-June to take advantage of the new building. Whether exercising on your own, working with a personal trainer, taking group exercise classes, or having a therapeutic massage, we welcome you to take full advantage of the space immediately! Please contact any team member with questions you may have.



Full Schedule in 2026

We have a packed schedule of activities upcoming this summer season. Based on feedback from the annual member survey, our team has been planning and preparing a full complement of group exercise classes for you. Please mark your calendars with the following important May and June dates:



Onifer Wilmoth
Wellness Director

***Group Classes start on May 4th, please reference Wellness Guidebook or Club Website for full schedule.**



Monday, May 25th

GUIDED HIKE:
Panthertown Valley



Thursday, June 27th

GUIDED HIKE:
Scaly Mountain

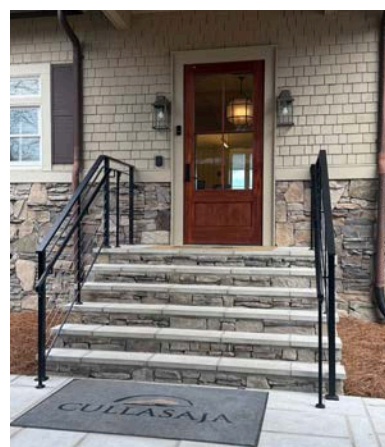
Check out event flyers and register for Wellness Events directly through our Member App.



Thursday, May 28th

LUNCH & LEARN:
Luke Stockdale, PA-C

Luke is an orthopedic specialist and former surgical assistant who now focuses on regenerative treatments and ultrasound-guided procedures to help patients avoid surgery. His mission is to empower individuals through personalized injury prevention and natural healing techniques to achieve a pain-free, active lifestyle.



Saturday, June 13th

WELCOME HOME WELLNESS MIXER

Stop by the Wellness Center to meet and greet the 2026 Wellness team, get oriented on the fitness equipment & discuss any health or fitness goals with our Wellness Team! Check out our class schedule, massage therapy offerings, and personal training options all while enjoying healthy snacks and juices.

We look forward to helping you with all your 2026 summer wellness goals and needs. Please contact our team to let us know how we can assist you.

Phone: 828.482.0614

Email: wellness@cullasaja-club.com

Best,
Onifer Wilmoth
Wellness Director

NEW! Wellness Amenities

SAUNA BENEFITS:

Sauna use offers several well-documented health benefits, especially for the heart, lungs, and stress response. Research suggests that regular sessions can support cardiovascular health, lower blood pressure, and may reduce long-term risk of stroke and heart disease. Heat exposure also improves circulation, relaxes muscles, and may help with chronic pain, tension headaches, and certain respiratory conditions such as asthma or chronic bronchitis. Many people also find that the calming environment supports stress reduction and better sleep, and the temporary rise in core temperature may help the immune system respond more effectively to infections.



Temperature settings for traditional dry saunas, like we have in the Wellness Center, typically run 150–165°F, and most sessions should last between 10–20 minutes at a time. Hydration is essential before and after any session and cooling down gradually afterward helps your body return to its baseline comfortably.

SAFETY RESTRICTIONS should be followed if you are considering using a sauna. People with uncontrolled high blood pressure, recent heart-attack or stroke, severe aortic stenosis, or active chest pain should avoid saunas unless you are cleared by your physician. Adults over 65 should use lower temperatures and shorter sessions due to higher risk of heat-related illness. Anyone who feels dizzy, nauseated, weak, or unwell should exit immediately and cool down. If you have a medical condition or take medications that affect temperature regulation, it's important to check with your healthcare professional before beginning regular sauna use. For help with our sauna systems, please check with any of the Wellness Staff.



COLD PLUNGE BENEFITS:

Cold plunges can offer reduced inflammation and quicker muscle recovery. These benefits are largely because cold exposure triggers blood-vessel constriction and a strong nervous-system response. Some people also report better stress tolerance or sleep, though evidence for long-term benefits is still mixed. If you're considering adding cold exposure to your routine, it's worth checking in with a healthcare professional first, especially if you have any medical conditions.

Most beginners do well between 50–59°F for 1–3 minutes, then slowly increasing time or lowering temperature only as their body adapts. More experienced users sometimes go colder, but staying under 10 minutes is generally advised because longer sessions don't add benefit and increase risk. Warming up gradually afterward—dry clothes, light movement—is safer than jumping straight into heat.

SAFETY RESTRICTIONS: Cold plunges aren't appropriate for people with heart disease, high blood pressure, arrhythmias, circulation problems, Raynaud's, or certain metabolic or nerve conditions unless a clinician has cleared them. Even healthy users can experience cold shock, dizziness, or hypothermia if the water is too cold or the session too long. Entering slowly, keeping your head above water, and avoiding plunging alone help reduce those risks.

Fall Prevention



There are a few tests individuals can use to assess their current physical abilities as it relates to fall prevention:

Strength, Balance and Fall Risk

Fall prevention becomes increasingly important as we age. Statistics show that approximately 25% of adults, age 65 and older, fall at least once a year. Falls can be very dangerous for older adults and can lead to serious health issues. But, falling isn't simply an age-related issue. Muscle and strength loss, reduced reaction time, decreased balancing abilities, and environmental factors all come into play.

Reduce Your Fall Risk: Tips & Resources

If you are unable to successfully complete the tests to the right, you may be at greater risk of falling. Working on strength building, cardiovascular exercises, and balance training are all ways you can improve your body and help offset these risks.

Of course, there are always other contributing factors that can lead to increased fall risks. Be sure to consult with your physician with questions about your current health situation.

The Cullasaja Wellness team can help coach you to provide safe and effective exercise methods to help achieve your goals. Please contact the Wellness Center to schedule an appointment or discuss any questions you may have.

Resource: Information provided by the Mayo Clinic, Rochester, MN

1. Sit to Stand - Using an armless chair, go from a seated position to a standing position, and return to a seated position. This exercise improves lower body muscular strength. You want to be able to perform this exercise 5 times within 10 seconds to reduce your risk of falling.

2. Standing on One Leg - In a standing position with your arms crossed over your chest, time how long you can stand on one leg without allowing the lifted foot to touch the ground, without uncrossing your arms, and without moving the weight bearing foot. You should be able to hold this position for 10 or more seconds to decrease your fall risk

3. Up and Go - This test focuses on walking forward and agility. Start in a seated position, press yourself upward to a standing position, walk 10 feet, and return to a seated position. Generally, you want to be able to perform this test in 10 seconds or less

MAY

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>(See Calendar Below for May Dining Hours Prior to May 19th) Full Season Clubhouse Dining Hours Begin on Tuesday, May 19th</p> <ul style="list-style-type: none"> Lunch is served Tuesday through Saturday from 11:30 a.m. to 2:30 p.m. Sunday Brunch is served from 10:30 a.m. until 2:00 p.m. excluding Special Events <p>Reservations are required for dinner tables, and preferred for Sunday Brunch. Please make dinner reservations via the Member App or calling 526-3531 (no more than 14 days in advance)</p>					1 FAIRWAY CAFE OPENING DAY	2
					Clubhouse OPEN for Lunch & Dinner	Clubhouse OPEN for Lunch
					Twilight Golf @ 4 p.m.	RUN FOR THE ROSES Kentucky Derby Party
3	4 FITNESS CLASSES BEGINS	5	6	7	8	9
		Fairway Cafe OPEN for Lunch	Clubhouse OPEN for Lunch & Dinner			
		Clubhouse CLOSED for Lunch or Dinner				
			Twilight Golf @ 4 p.m.			
10	11 HOA-BOD Meeting @ 9:00 a.m.	12	13	14	15	16
		Fairway Cafe OPEN for Lunch	Clubhouse OPEN for Lunch & Dinner			
		Clubhouse CLOSED for Lunch or Dinner				
Mother's Day Brunch Buffet			Twilight Golf @ 4 p.m.			OPENING GOLF SCRAMBLE
17 CULLASAJA CARRY-OUT	18 Club BOG Meeting @ 8:30 a.m.	19	20 Weekly Duplicate Bridge Begins	21 MARKET OPENING DAY	22 POOL OPENING DAY	23
		Clubhouse OPENS for Lunch Tuesday - Sunday and OPENS for Dinner Tues, Wed, Fri & Sat			Casual Wine Tasting: Grapevine Dist.	Beginner Jr. Golf Clinic Junior Golf Clinic
		WGA OPENING DAY	Twilight Golf @ 4 p.m.	COOKING CLASS		Solids & Stripes Croquet Event
24 Clubhouse CLOSED for Brunch	25 GUIDED HIKE: Panthertown	26	27	28 LUNCH & LEARN Luke Stockdale: PA-C	29	30
MEMORIAL DAY COOKOUT	Clubhouse OPEN for Lunch	Fairway Cafe OPEN for Lunch			CALLAWAY GOLF BALL FITTING	
	HAPPY MEMORIAL DAY	Clubhouse CLOSED NO F&B Service	Twilight Golf @ 4 p.m.	Wayfarer Estate Wine Dinner	MEN'S MEMBER-MEMBER	
31						

JUNE

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
				"Perfectly Polished" LADIES' LUNCHEON	TENNIS WELCOME HOME & NEW MEMBER MIXER	WELCOME HOME PARTY
7 Brunch Buffet	8	9	10	11	12	13
		CROQUET WELCOME HOME EVENT	SOUTHERN COMFORT FOR TWILIGHT DINNER	LIVE MUSIC on Arnie's Verandah (6 p.m.-8 p.m.)	DRIVERS, PUTTERS & WEDGES	WELLNESS WELCOME HOME MIXER
2 nd Annual Cullasaja Wine Showcase		JUNIOR GOLF CAMP				Casual Wine Tasting: Tryon Distribution
14	15 HOA-BOD Meeting @ 9:00 a.m.	16	17	18 MAHJONG Welcome Home Event	19	20
			Pre-Order Dinner for Twilight	Clubhouse CLOSED for Dinner	Ladies' Member-Guest Tennis Tournament	LIVE MUSIC on Arnie's Verandah (6 p.m.-8 p.m.)
Chef's Table	MIXED DOUBLES CROQUET CHAMPIONSHIP		Mixed Member-Guest Practice Rounds	MIXED MEMBER-GUEST		
21	22 Club BOG Meeting @ 8:30 a.m.	23	24	25	26	27
					DEMO DAY CALLAWAY, PING TAYLORMADE, XXIO	GUIDED HIKE: Scaly Mountain
Father's Day Brunch	WGA MEMBER-MEMBER		Pre-Order Dinner for Twilight	KARAOKE NIGHT & Member Talent Show	Winemaker Feature: Lail Vineyards	SATURDAY NIGHT SHOOT-OUT @ 4pm
28 CULLASAJA CARRY-OUT	29	30	<p>Clubhouse Dining in JUNE: Lunch and Dinner are served on Tuesday through Saturday in June excluding special events. Sunday Brunch is 10:30 am to 2:00 pm</p> <p>Dinner Dress Code in the Clubhouse: "Country Club Casual Attire" is the standard in the Clubhouse in the evenings in the Bar and the two covered outdoor dining patios (Overlook and Sweetwater Terrace). This includes collared golf or button-down shirts, "Tommy Bahama or UnTucked" brand shirts (aka camp shirts), knee-length shorts, or "Country Club" denim without holes or tears. All shirts should remain tucked-in, with the exception of "camp shirts" with equal hem designed to be worn untucked. Gentlemen should wear slacks, button-down shirts, golf shirts, or camp shirts while dining in the Sweetwater Dining Room (white linen tablecloths).</p>			
		Men's Doubles Tennis Invitational				